

People Like Me (像我這樣的人) (zh)

COPPER KNOB
STYLEDANCE

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Robbie McGowan Hickie (UK)
音乐: People Like Me - Jason Matthews : (CD: Hicotine)



前奏 : 16 Count intro 16拍後起跳

第一段 Right Kick-Ball-Step Forward. Forward Rock. Right Sailor. Left Sailor (Travelling Back).
踢併踏, 下沉 回復, 右水手, 左水手(略向後移)

1&2 Kick Right forward. Step ball of Right beside Left. Step forward on Left. 右足前踢, 右足併踏, 左足前踏

3 – 4 Rock forward on Right. Rock back on Left.
右足前下沉, 左足後回復

5&6 Cross Right behind Left. Step Left to Left side. Step back on Right. – Travel Slightly Back
右足於左足後交叉踏, 左足左踏, 右足後踏(略向後移)

7&8 Cross Left behind Right. Step Right to Right side. Step back on Left. – Travel Slightly Back
左足於右足後交叉踏, 右足右踏, 左足後踏(略向後移)

第二段 Back Rock. Right Heel-Ball-Cross. 2 x 1/4 Turns Left. Cross Rock & 1/4 Turn Right.
後下沉 回復, 踵 併 交叉, 二次左轉, 交叉下沉 回復, 右1/4

1 – 2 Rock back on Right. Rock forward on Left.
右足後下沉, 左足前回復

3&4 Dig Right heel Diagonally forward Right. Step ball of Right beside Left. Cross step Left over Right.
右足踵斜前點, 右足併踏, 左足於右足前交叉踏

5 – 6 Make 1/4 turn Left stepping back on Right. Make 1/4 turn Left stepping Left to Left side. 左轉90度
右足後踏, 左轉90度左足左踏

7&8 Cross rock Right over Left. Rock back on Left. Make 1/4 turn Right stepping forward on Right.
右足於左足前交叉下沉, 左足後回復, 右轉90度右足前踏

第三段 Side Rock 1/4 Turn Right. Left Shuffle 1/4 Turn Left. Step. Pivot 1/2 Turn Left. 2 x Walks Forward.
右1/4側下沉 回復, 左1/4轉交換, 踏 轉, 走走

1 – 2 Make 1/4 turn Right rocking Left to Left side. Recover weight on Right. (Facing 12 o'clock) 右轉90度
左足左下沉, 右足回復(面向12點鐘)

3&4 Make 1/4 turn Left stepping forward on Left. Step Right beside Left. Step forward on Left. 左轉90度
左足前踏, 右足併踏, 左足前踏

5 – 6 Step forward on Right. Pivot 1/2 turn Left.
右足前踏, 左軸轉180度

7 – 8 Walk forward on Right. Walk forward on Left. (Facing 3 o'clock)
右足前走, 左足前走(面向3點鐘)

第四段 Cross. & Heel Jack. & Cross. Monterey 1/2 Turn Right. Cross Rock.
交叉, 後踏 踵點, 併 交叉, 蒙特瑞轉, 交叉下沉 回復

1&2 Cross step Right over Left. Step Left Diagonally back Left. Dig Right heel Diagonally forward Right.
右足於左足前交叉踏, 左足左斜後踏, 右足踵斜前點

&3 – 4 Step Right back to place. Cross step Left forward over Right. Point Right toe out to Right side.
右足後併踏, 左足於右足前交叉踏, 右足趾右點

5 – 6 Make 1/2 turn Right stepping Right beside Left. Point Left toe out to Left side. 右轉180度右足併踏,
左足趾左點

7 – 8 Cross rock Left over Right. Rock back on Right. (Facing 9 o'clock)
左足於右足前交叉下沉, 右足後回復(面向9點鐘)

第五段 Chasse 1/4 Turn Left. Step. Pivot 3/4 Turn Left. Side Step Right. Behind & Cross. Side Step Right.
追步左轉1/4, 踏 轉3/4, 右踏, 後 旁 前, 右踏

1&2 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left. 左足左踏, 右足併踏, 左轉90度左足前踏

3 – 5 Step forward on Right. Pivot 1/2 turn Left. Make 1/4 Left stepping Right to Right side. 右足前踏, 左軸轉180度, 左轉90度右足右踏

6&7 Cross Left behind Right. Step Right to Right side. Cross step Left over Right. 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏

8 Step Right to Right side. (Facing 9 o'clock)
右足右踏(面向9點鐘)

第六段 Left Sailor 1/4 Turn Left. Right Shuffle Forward. 2 x 1/2 Turns Right. Forward Rock. 左1/4轉水手, 前交換, 二次右轉, 下沉 回復

1&2 Cross Left behind Right making 1/4 turn Left. Step Right beside Left. Step forward on Left. 左足於右足後交叉左轉90度, 右足併踏, 左足前踏

3&4 Right shuffle forward stepping Right. Left. Right.
前交換-右, 左, 右

5 – 6 Make 1/2 turn Right stepping back on Left. Make 1/2 turn Right stepping forward on Right. 右轉180度左足後踏, 右轉180度右足前踏

7 – 8 Rock forward on Left. Rock back on Right. (Facing 6 o'clock)
左足前下沉, 右足後回復(面向6點鐘)

第七段 & Heel Switches. & Forward Rock. Right Lock Step Back. Left Shuffle 1/2 Turn Left. 併 踵收踵收, 下沉 回復, 後鎖步, 轉交換

&1&2 Step back on Left. Dig Right heel forward. Step back on Right. Dig Left heel forward. 左足後踏, 右足踵前點, 右足後踏, 左足踵前點

&3 – 4 Step Left back to place. Rock forward on Right. Rock back on Left.
左足後踏, 右足前下沉, 左足後回復

5&6 Step back on Right. Lock step Left across Right. Step back on Right.
右足後踏, 左足於右足前交叉鎖踏, 右足後踏

7&8 Left shuffle making 1/2 turn Left stepping Left. Right. Left. (Facing 12 o'clock) 左180度轉交換-左, 右, 左(面向12點鐘)

第八段 Step. Pivot 1/4 Turn Left. Right Cross Shuffle. 1/4 Turn Right. 1/2 Turn Right. Left Shuffle Forward.
踏 轉, 交叉交換, 右1/4, 右1/2, 前交換

1 – 2 Step forward on Right. Pivot 1/4 turn Left. 右足前踏, 左軸轉90度

3&4 Cross step Right over Left. Step Left to Left side. Cross step Right over Left. (Facing 9 o'clock)
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏(面向9點鐘)

5 – 6 Make 1/4 turn Right stepping back on Left. Make 1/2 turn Right stepping forward on Right. 右轉90度左足後踏, 右轉180度右足前踏

7&8 Left shuffle forward stepping Left. Right. Left. (Facing 6 o'clock)
前交換-左, 右, 左(面向6點鐘)

Tag 加拍 END of Wall 2: 第二面牆結束

Forward Rock. Shuffle 1/2 Turn Right. Step. Pivot 1/2 Turn Right. Left Shuffle. 下沉回復, 轉交換, 踏 轉, 前交換

- 1 – 2 Rock forward on Right. Rock back on Left.
右足前下沉, 左足後回復
- 3&4 Right shuffle making 1/2 turn Right stepping Right. Left. Right. (Facing 6 o'clock) 右180度轉交換-
右, 左, 右(面向6點鐘)
- 5 – 6 Step forward on Left. Pivot 1/2 turn Right.
左足前踏, 右軸轉180度
- 7&8 Left shuffle forward stepping Left. Right. Left. (Facing 12 o'clock
前交換-左, 右, 左(面向12點鐘)
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