Shaggy Sailor



编舞者: Sue Ann Ehmann (USA) - January 2015

音乐: Hotel Happiness - Rickey Godfrey: (CD: Once In a Lifetime Love)



Intro - 32 counts

Try it to some of your favorite Shag/East Coast Swing tunes!

[1-8]□WALK FORWARD RIGHT, LEFT, STEP TURN 1/4 LEFT, RIGHT SAILOR, □LEFT SAILOR

1-2	Walk forward right,	left

3-4 Step forward right, 1/4 turn to left shifting weight to left □ (9:00)

5&6 Step right behind left, step left to side, step right to side 7&8 Step left behind right, step right to side, step left to side

[9-16] ■ WEAVE LEFT, TOUCH OUT, IN, OUT, IN

1-4 Step right behind left, step left to side, step right across left, step left beside right

5-8 Touch right out to side, touch right beside left, touch right out to side, touch right beside left

[17-24] FORWARD ROCK, RECOVER, RIGHT 1/4 TURN SAILOR, FORWARD ROCK, RECOVER, LEFT 1/4 TURN SAILOR

1-2	Rock forward right,	recover left

3&4 Sweep right behind left turning 1/4 right, step left to side, step right next to left (12:00)

5-6 Rock forward left, recover right

7&8 Sweep left behind right turning 1/4 left, step right to side, step left next to right (9:00)

[25-32]□POINT STEPS FORWARD (4X)

1-2 Point right to side, step right forward
3-4 Point left to side, step left forward
5-6 Point right to side, step right forward
7-8 Point left to side, step left forward

Note: Feel free to put as much hip action as you like into these 8 counts

START AGAIN

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