

Poker Face (撲克臉) (zh)

COPPER KNOB
STYLEDANCE

拍数: 64 墙数: 2 级数: Intermediate/Advanced
编舞者: Craig Bennett (UK) - 2009年01月
音乐: Poker Face - Lady Gaga : (CD: The Fame)



前奏 : Intro: 32-count intro. 32拍後起跳

第一段 Kick and Touch, Twist and Twist, Kick and toe ½ turn hitch 踢交換點, 扭扭, 踢-點 轉1/2拍

- 1&2 Kick right foot forward, Step right in place, Touch left to left side 右足前踢, 右足踏, 左足左點
- 3&4 Twist heels to the right, Twist heels back to centre, Twist heels right as you make a ¼ turn left (9)
雙足踵向右扭, 雙足踵向左扭, 雙足踵右扭左轉90度(面向9點鐘)
- 5&6 Kick left forward, Step left in place, Touch right toe back
左足前踢, 左足踏, 右足後點
- 7-8 ½ turn right taking weight back onto left, Hitch right knee up (3) 右轉180度重心在左足, 右足抬

第二段 Step ½ Turn, Kick and Touch, Bump and Bump, Kick and touch 踏轉1/2, 踢交換點, 推臀, 踢交換點

- 1-2 Step forward onto right, Make a half turn left (9)
右足前踏, 左軸轉180度(面向9點鐘)
- 3&4 Kick right foot forward, Step right in place, Touch left toe forward 右足前踢, 右足踏, 左足趾前點
- 5&6 Bump hips forward, Back, Forward
前推臀, 後推臀, 前推臀
- 7&8 Kick Left forward, Step left in place, Touch right to right side
左足前踢, 左足踏, 右足右點

第三段 Right Sailor Step, Left Sailor Step, Cross, Side, Cross shuffle 右水手步, 左水手步, 交叉, 側, 交叉交換

- 1&2 Step right behind left, Step left to left side, Step right to right side 右足於左足後踏, 左足左踏, 右足右踏
- 3&4 Step left behind right, Step right to right side, Step left to left side 左足於右足後踏, 右足右踏, 左足左踏
- 5-6 Cross Right over left, Step left to left side
右足於左足前交叉踏, 左足左踏
- 7&8 Cross Right over left, Step left to left side, Cross right over left 右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

第四段 Rock, Recover ¼, Coaster step, Rock Forward Recover, Coaster step 下沉回復轉1/4, 海岸步, 前下沉回復, 海岸步

- 1-2 Rock left out to left side, Recover onto right making a ¼ turn left (6)
左足左下沉, 右足回復左轉90度
- 3&4 Step back onto left, Step right next to left, Step left foot forward 左足後踏, 右足併踏, 左足前踏
- 5-6 Rock forward onto right, Recover onto left
右足前下沉, 左足回復
- 7&8 Step back onto right, Step left next to right, Step forward right
右足後踏, 左足併踏, 右足前踏

第五段 Cross Together Step x2, Left Jazz box ¼ Turn Left 交叉疊波二次, 左爵士方塊左轉1/4

- 1&2 Cross left over right, Step right to right side, Step left in place 左足於右足前交叉踏, 右足右踏, 左足踏
- 3&4 Cross right over left, Step left to left side, Step right in place
右足於左足交叉踏, 左足左踏, 右足踏
- 5-6 Cross left over right, Step back onto right
左足於右足前交叉踏, 右足後踏

7-8 Make a ¼ Turn left (3) stepping left to left side, Touch right in place 左轉90度左足左踏(面向3點鐘), 右足點

**第六段 ½ Monterey Turn, Rolling Turn Making 1 and a ¼ turn
蒙特瑞轉, 1又1/4轉圈**

1-2 Touch right to right side, ½ turn (9) right stepping right next to left 右足右點, 右轉180度右足併踏(面向9點鐘)

3&4 Touch left to left side, Step left next to right, Touch right to right side 左足左點, 左足併踏, 右足右點

5-6 ¼ turn Stepping forward onto right (12), ½ turn stepping back onto left (6) 右轉90度右足前踏(12點鐘), 右轉180度左足後踏(6點鐘)

7-8 ½ turn right stepping forward onto right (12), touch left next to right 右轉180度右足前踏(面向12點鐘), 左足併點

RESTART: Comes AFTER count 48 on wall 2 Don't touch left in place step forward onto it taking weight, restart dance!

第二面牆跳至第8拍將左足併點改前左足前踏, 從頭起跳

**第七段 Ball Step ½ Turn, Walk Right, Left, Ball Cross ¼ Turn, Anchor Step
踏-踏轉, 走步-右, 左, 踏-交叉, 轉1/4, 定點踏**

&1-2 Step down onto left as you step right forward, ½ turn pivot over left (6) 左足踏, 右足前踏, 左轉180度(面向6點鐘)

3-4 Walk forward on right, Walk forward on left
右足前走, 左足前走

&5 Step forward onto the ball of the right foot, Turning ¼ turn left (3), Cross left over right
右足前踏左轉90度(面向3點鐘), 左足於右足前交叉踏

6 Turning ¼ turn left(12), Step back on right foot
左轉90度右足後踏

7&8 Step left next to right, Take weight onto right, Replace weight to left 左足併踏, 右足踏, 左足踏

第八段 Walk Right, Left, Right Shuffle Forward, ½ Turn ½ Turn, ½ Step Turn Step 走步-右, 左, 前交換, 1/2 1/2, 踏轉踏

1-2 Walk forward right, Walk forward left
右足前走, 左足前走

3&4 Step right forward, Bring left next to right, Step right forward
右足前踏, 左足併踏, 右足前踏

5-6 Make a ½ turn right stepping back onto left (6), Make a ½ turn right stepping forward onto right (12)
右轉180度左足後踏(面向6點鐘), 右轉180度右足踏(面向12點鐘)

7&8 Step left foot forward, Make a ½ turn right stepping right next to left (6), step forward on to left
左足前踏, 右轉180度右足併踏(面向6點鐘), 左足前踏
