

Pata Pata (搖搖腿) (zh)

COPPER KNOB
BY STEPHEN METZ

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Agoston Connor (UK) - 2008年12月
音乐: Pata Pata (Radio Edit) - Thalia



前奏: 32 Counts 32拍後起跳

第一段 Side, Hold, Back Rock, Recover, Forward Locked Shuffle, Hold, Locked Step, Cross Rock Step
側, 候, 後下沉, 回復, 前鎖步, 候, 鎖步, 交叉下沉踏

12&3 Step L to side, Hold, Rock R back, Recover on L
左足左踏, 候, 右足後下沉, 左足回復

4&5 Step R forward, Lock L behind R, Step R forward
右足前踏, 左足於右足後鎖踏, 右足前踏

6&7 Hold, Lock L behind R, Step R forward
候, 左足於右足後鎖踏, 右足前踏

8&1 Cross rock L over R, Recover on R, Step L to side [12:00]
左足於右足前交叉下沉, 右足回復, 左足左踏(面向12點鐘)

第二段 Cross Rock Step, Cross Rock Turn, Pivot Turn, Side Shuffle
交叉下沉踏, 交叉下沉轉, 踏轉, 側交換

2&3 Cross R over L, Recover on L, Step R to side
右足於左足前交叉下沉, 左足回復, 右足右踏

4&5 Cross L over R, Recover on R, Turn ¼ left stepping L forward
左足於右足前交叉下沉, 右足回復, 左轉90度左足前踏

6 7 Step R forward, Pivot ¾ left stepping on L
右足前踏, 左轉270度左足踏

8&1 Step R to side, Step L beside R, Step R to side [12:00]
右足右踏, 左足併踏, 右足右踏(面向12點鐘)

第三段 Forward Rock, Recover, Back Locked Shuffle, Backward Walks
前下沉, 回復, 後鎖步, 後走步

2 3 Rock L forward, Recover on R 左足前下沉, 右足回復

4&5 Step L back, Lock R in front L, Step L back
左足後踏, 右足於左足前鎖步, 左足後踏

6 7 8 Walk back R, L, R (on toes with bent knees) [12:00]
後走步-右, 左, 右(以足趾彎膝走步)(面向12點鐘)

第四段 Turn Shuffle, Turn Shuffle, Back Rock, Recover, Step Forward, Together 轉交換, 轉交換, 後下沉, 回復, 前踏, 併

1&2 Turn ½ left shuffling L, R, L
左轉180度交換步-左, 右, 左

3&4 Turn ½ left shuffling R, L, R
左轉180度交換步-右, 左, 右

Count 1 - 4 - travelling towards back wall. 1-4拍向後移

5 6 Rock L back, Recover on R
左足後下沉, 右足回復

7 8 Large step L forward, Step R beside L * [12:00]
左足前一大步, 右足併踏(面向12點鐘)

*On 2nd wall AFTER 32 counts (facing 6:00). 第二面牆跳至此從頭起跳(面向6點鐘)

第五段 **Back, Cross, Back, Kick, Back, Back Locked Shuffle, Rock Back, Recover** 後, 交叉, 後, 踢, 後, 後鎖步, 後下沉, 回復

1-4 Step L back, Cross R over L, Step L back, Kick R forward
左足後踏, 右足於左足前交叉踏, 左足後踏, 右足前踢

5&6 Step R back, Step L beside R, Step R back
右足後踏, 左足併踏, 右足後踏

7 8 Rock L back, Recover on R [12:00]
左足後下沉, 右足回復(面向12點鐘)

第六段 **Weave, Cross Rock, Sways** 藤步, 交叉下沉, 擺臀

1-4 Sweep L crossing over R, Step R to side, Cross L behind R, Step R to side 左足繞至右足前交叉踏, 右足右踏, 左足於右足後交叉踏, 右足右踏

5-8 Cross rock L over R, Recover on R, Sway hip to left, Sway hip to right * [12:00] 左足於右足前交叉下沉, 右足回復, 左擺臀, 右擺臀(12點鐘)

**On 4th wall AFTER 48 counts (facing 12:00)

第四面牆跳至此(面向12點鐘)從頭起跳

第七段 **Back Shuffle, Back Shuffle, Back Rock, Recover, Step, Forward Locked Shuffle** 後交換, 後交換, 後下沉, 回復, 踏, 前鎖步

1&2 Step L back, Step R beside L, Step L back
左足後踏, 右足併踏, 左足後踏

3&4 Step R back, Step L beside R, Step R back
右足後踏, 左足併踏, 右足後踏

567 Rock L back, Recover on R, Step L forward
左足後下沉, 右足回復, 左足前踏

8&1 Step R forward, Lock L behind R, Step R forward [12:00]
右足前踏, 左足於右足後鎖踏, 右足前踏(面向12點鐘)

第八段 **Step, Turn, Locked Steps, Forward Rock, Recover**
踏, 轉, 鎖步, 前下沉, 回復

2 3 Step L forward, Turn ½ right (weight remain on L) drawing R toe in front L 左足前踏, 右轉180度(重心在左足)右足趾拖併至左足前

4&5&6 Step R forward, Locked L behind R, Step R forward, Locked L behind R, Step R forward
右足前踏, 左足於右足後鎖踏, 右足前踏, 左足於右足後鎖踏, 右足前踏

7 8 Rock L forward, Recover on R [6:00]
左足前下沉, 右足回復(面向6點鐘)
