

A Simple Man

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Roger Neff (USA) - January 2015
音乐: I Am a Simple Man by Ricky Shelton



Intro. 16 counts

[1-8] Heel Switches, Hold, Heel Spits, Walk Back L,R, Coaster Step

1&2& Touch R heel fwd, step in place, touch L heel fwd, step in place
3&4 Hold (3), heel split (&), heels together (4)
5-6 Walk back L, R
7&8 L coaster step: step back on L, step R beside L, step L fwd

[9-16] R Shuffle Fwd, Pivot 1/2 to R, L Shuffle Fwd, Kick-Ball-Cross

1&2 Step R fwd, step L beside R, step R fwd
3-4 Step fwd on L and pivot 1/2 to R, step fwd on R (6:00)
5&6 Shuffle fwd L, R, L
7&8 Kick R fwd, step on ball of R, step L over R

[17-24] Side Shuffle to R, Turn 1/4 to L and Side Shuffle to L, R Shuffle Fwd, L Shuffle Fwd

1&2 Step R to side, step L beside R, step R to side
3&4 Turn 1/4 to L and side shuffle to L
5&6,7&8 Shuffle fwd R,L,R, Shuffle fwd L,R,L

[25-32] Rocking Chair, Jazz Box

1-4 Rock fwd on R, Recover on L, Rock back on R, Recover on L
5-8 Step R across L, Step back on L, Step R to R, Step fwd on L

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