

Faith Can Do

拍数: 48 墙数: 2 级数: Intermediate NC2
编舞者: Jill Babinec (USA) - May 2014
音乐: What Faith Can Do - Kutless : (Album: It Is Well)



Sequence: (Intro 8 counts) Dance – 40 – Dance – Dance – Tag – Dance

[1-8&] Rt Step Back & Sweep L, Behind, Out, Cross, Rock Recover Cross, $\frac{3}{4}$ Spiral Turn, Step, Rock Recover

1-2&3 Step R back as sweep L front to back, Step L behind right, Step R to side, Step L across R
4&5-6 Rock R to rt side, Recover onto L, Step Rt across L, Step L side on ball L turn $\frac{3}{4}$ right as you slightly hitch R knee, (9:00)
7- 8& Step R fwd, Rock L fwd, Recover onto R

[9-16&] Back With a Sweep, Back With A Sweep, Back With a Sweep, Behind, Out, Cross, Recover & Weave

1-2-3 Step L back as R slightly sweeps front-back, Step R back as L slightly sweeps front-back, Step L back as R sweeps front-back
4&5 Step R behind L, Step L to side, Rock R across L
6&7&8& Recover onto L, Step R to side, Step L across R, Step R to side, Step L behind R, Rock R to the side

[17-24&] Step side as sweep Rt, Diagonal Back Back, R open to other back diagonal, Cross, Back, L step side, Cross Rt over L, $\frac{1}{2}$ turn L & sweep L, behind, Rock, Sway Sway

1-2&3 Step L side as sweep R front to back, Step R across L, Step L back on L diagonal, Step R back on R diagonal (body is opened up to other diagonal)
(This is like a backward twinkle on the diagonal (2&) then opening body up (3) to do it again on other diagonal (&4&))
&4&5 Step L across R, Step R back on R diagonal, Step L slightly back and to side, Step R across L (keep weight on R)
6 Unwind turning $\frac{1}{2}$ left on ball of R while sweeping L front to back (3:00)
7&8& Step L behind R, Rock R to side, Step side L into sway L, Sway R

[25-32&] L Basic, Rt Basic, Step L fwd on L diagonal, shift wt $\frac{1}{2}$ rt turn onto Rt, shift wt $\frac{1}{2}$ L turn onto L, Triple full turn on diagonal

1-2& NC Basic: Step L to side, Step on ball of R behind L, Step L across R
3-4& NC Basic: Step R to side, Step on ball of L behind R, Step R across L (body will be angled to left diagonal)
5-6-7 Check Step: Step L fwd, Shift wt while making $\frac{1}{2}$ turn rt onto R (this is on the diagonal), Recover wt making $\frac{1}{2}$ turn left onto L as you prep (still on diagonal)
&8& Turn $\frac{1}{2}$ left as step R back, Turn $\frac{1}{2}$ left as step L fwd, Step R fwd (still on diagonal) (1:30)
(easy option: Triple fwd R, L, R)

[33-40] Step fwd L on diagonal, Triple Back with L sweep, Behind, Out to other diagonal, step fwd L, Step Rt fwd, $\frac{1}{2}$ pivot L, Step fwd Rt, L (this is all on diagonals)

1-2&3 Step L fwd, Recover back onto R, Step L back, Step R back as sweep L front to back (this is all done on diagonal 1:30)
4&5 Step L behind R, Step R to side as you turn $\frac{1}{8}$ rt, Step L fwd as turn $\frac{1}{8}$ rt (on the other diagonal now 4:30)
6-7 Step R fwd, Pivot $\frac{1}{2}$ turn left step fwd L (10:30)
8& Step R fwd, Step L fwd (on the diagonal still at 10:30) **restart happens here and you'll turn to face orig 3:00

[41-48&] $\frac{1}{8}$ Turn L as Rt Step Back & Sweep L, Behind, Out, Cross, Recover, Out,Cross, $\frac{1}{4}$ Turn R, $\frac{1}{2}$ Pivot, Chase Full Turn

- 1-2&3 Step R back as turn 1/8 left and sweep L front to back (9:00), Step L behind right, Step R to side, Step L across R
- 4&5-6 Recover back onto R, Step L side, Step R across L, Make ¼ turn right stepping L back (12:00)
- 7&8& Turn ½ right stepping R fwd (6:00), Step L fwd, Pivot ½ rt on L placing weight on R (12:00), Pivot ½ rt on R step back on L (6:00)

START AGAIN

***TAG : you will dance the Tag at your original 3:00 position**

[1-8&] R Back Lock Step, L Back Lock Step, Rock Back, Recover, Step Pivot ½ , Pivot ¼ , Step Back

- 1-2&3 Step R back on Rt diagonal, Lock L in front of R, Step R back on Rt diagonal, Step L back on left diagonal,
- 4&5-6 Lock R in front of L, Step L back on left diagonal, Rock straight back on R, Recover fwd onto L
- 7&8& Step R fwd, Pivot ½ left placing weight on L, Make ¼ left pivot on ball L as step back on R, Step L back

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