

The Nights

拍数: 64 墙数: 4 级数: Intermediate
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音乐: The Nights - Avicii



Intro: Start after 2 Counts from the beginning

[1 – 8] □ Walks fwd, Shuffle fwd, Step fwd, Pivot ½ R, Shuffle ½ Turn R

1 - 2 Walk fwd R,L
3 & 4 Step R fwd, step L next to R, step R fwd
5 - 6 Step L fwd, pivot 1/2 turn R
7 & 8 1/4 turn R step L to L side, Step R next to in L, 1/4 turn R step L back

[9-16] □ Rock Back, Recover, Rock Fwd, Recover, Step Back with bounces, Step Fwd with bounces

1 - 2 Rock R back, recover on L
3 - 4 Rock R diag R fwd, recover on L
5 - 6 Step R back and bounce twice (facing R diag)
7 - 8 Bounce L fwd twice

[17-24] □ Jazz Box ¼ Turn R, Side, Behind, Side, Cross, Side

1 - 4 Step R across L, step L back, 1/4 turn R step R to R side, Step L fwd
5 - 6 & Step R to R side, Step L behind R, Step R to R side
7 - 8 Step L across R, Step R to R side

[25-32] □ Sailor step, Sailor step ¼ Turn R, Step fwd, ¾ Turn R, Stomp R

1 & 2 Step L behind R, Step R next to L, Step L to L side
3 & 4 Sweep R behind L with ¼ Turn R, Step L next to R, Step R fwd
5 - 6 Step L fwd, Pivot ½ Turn R
7 - 8 ¼ Turn R step L to L side, Stomp R next to L

[33 – 40] □ Heel Touches fwd twice L & R, Heel Touches L & R, Step fwd, Pivot ½ R

1-2& Touch L heel diag L fwd twice, Step L next to R,
3 -4& Touch R heel diag R fwd twice, Step R next to L
5&6& Touch L to L side, step L next to R, Touch R to R side, Step R next to L
7 - 8 Step L fwd, Pivot ½ Turn R

[41-48] □ Side, Rock, Recover, Kick Ball Cross, Side, Sailor step ¼ Turn L, Walk fwd L,R

1-2& Step L to L side, Rock R back, Recover on L
3 & 4 Kick R fwd, Step R down, Step L across R
5-6& Step R to R side, Sweep L behind R with ¼ Turn L, Step R next to L,
7 - 8 Step L fwd, Step R fwd

[49-56] □ Shuffle fwd, Rock, Recover, ¾ Turn R, Crossing Shuffle

1 & 2 Step L fwd, Step R next to L, Step L fwd
3 - 4 Rock R fwd, Recover on L
5 - 6 ½ Turn R step R fwd, ¼ R step L to L side (littlebit back)
7 & 8 Step R across L, Step L to L side, Step R across L

[57-64] □ Step Back, Drag, Ball Step, Step fwd, Step Fwd, Pivot ½ R, Step fwd, Scuff fwd

1 - 2 Step L back, Drag R to L
&3-4 Step R next to L, Step L fwd, Step R fwd
5 - 6 Step L fwd, Pivot ½ Turn R

7 – 8 Step L fwd, Scuff R fwd

Start again

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