

# R & R Waltz

拍数: 48                      墙数: 4                      级数: Beginner  
编舞者: Jan Brookfield (UK) - January 2015  
音乐: Rock & Roll Waltz - Scooter Lee



Or other waltz tunes of your choice.

## Section 1 : STEP, POINT, HOLD, BEHIND, SIDE, ACROSS, SWAYS, ROLLING TURN

- 1,2,3                      Step L forward, point R to right side, hold for one count  
4,5,6                      Step R behind L, step L to side, step R across in front of L  
7,8,9                      Step L to side swaying hips out, recover weight onto R swaying hips right, sway hips left  
(weight now on left)  
10,11,12                  Make a full rolling turn sideways to right : step on R making  $\frac{1}{4}$  turn right, step on L turning  
another  $\frac{1}{4}$  right, step on R making  $\frac{1}{2}$  turn right

## Section 2 : LUNGE STEP x 2, TWINKLE QUARTER TURN, BASIC WALTZ BACK

- 13,14,15                  Step L making a lunge across in front of R, recover weight onto R, step L to side  
16,17,18                  Step R making a lunge across in front of L, recover weight onto L, step R to side  
19,20,21                  Step L across R, step on R making  $\frac{1}{4}$  turn left, step on L next to R  
(now facing 9 o'clock)  
22,23,24                  Step back on R, step on L next to R, recover weight onto R

## Section 3 : STEP, STOMP, HITCH & KICK, BASIC WALTZ BACK, BASIC WALTZ HALF TURN, BASIC WALTZ BACK

- 25,26,27                  Step L forward, stomp R next to L, hitch R knee & kick forward  
28,29,30                  Step R back, step L next to R, recover weight onto R  
31,32,33                  Step L forward making  $\frac{1}{2}$  turn left, step back on R, step L next to R(now facing 3 o'clock)  
34,35,36                  Step R back, step on L next to R, recover weight onto R

## Section 4 : REPEAT SECTION 3 : STEP, STOMP, HITCH & KICK, BASIC WALTZ BACK, BASIC WALTZ HALF TURN, BASIC WALTZ BACK

- 37,38,39                  Step L forward, stomp R next to L, hitch R knee & kick forward  
40,41,42                  Step R back, step L next to R, recover weight onto R  
43,44,45                  Step L forward making  $\frac{1}{2}$  turn left, step back on R, step L next to R  
46,47,48                  Step R back, step on L next to R, recover weight onto R  
(now facing 9 o'clock position)

START AGAIN

Last Update – 3rd April 2015