Don't Tell 'Em

拍数: 32

级数: Intermediate

编舞者: Gail A. Dawson (USA) - December 2014

音乐: Don't Tell 'Em - Jeremih & YG

#48 Count intro - No Tags, No Restarts

Locking Steps

- 1-2 Step R forward diagonally to R, Step L behind R with a R knee pop
- 3&4 Step R forward diagonally to R, step L behind R, step R forward
- 5-6 Step L forward diagonally to L, step R behind L with L knee pop
- 7&8 Step L forward diagonally to L, step R behind L, step L forward

Rock, Recover, Turn, Turn Step, Rock, Recover, Step, Pivot, Cross

- 1-2 Right foot rocks forward, weight shifts back to left foot
- 3&4 Right foot steps turning clockwise ½, left foot steps turning clockwise ½, right foot steps back
- 5-6 Left foot steps back, weight shifts forward to the right foot
- 7&8 Left foot steps forward, pivot clockwise ¼, left foot crossed over right

Rock, Recover, Behind, Side, Cross, Rock, Recover, Behind, Side, Cross

- 1-2 Right foot steps to the right, weight shifts to the left foot
- 3&4 Right steps behind left, left steps to the left, right crosses over left
- 5-6 Left foot steps to the left, weight shifts to the right foot
- 7&8 Left steps behind right, right steps to the right turning clockwise ¼, left steps forward

Mambo Forward and Back, Step 1/2 Turn, Step 1/2 Turn

- 1&2 Right foot steps forward, left foot steps in place, right foot steps beside left
- 3&4 Left foot steps back, right foot steps in place, left foot steps beside right
- 5-6 Right foot steps forward, turn counter-clockwise ¹/₂
- 7-8 Right foot steps forward, turn counter-clockwise ¹/₂

Contact: free2bgad@gmail.com

Last Update - 18th Jan 2015





墙数:2