

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Lovelife - Take That : (iTunes)



Intro : 64 counts (30 sec)

S1: WALK x2-KICK BALL STEP-BESIDE-WALK x 2-ROCK RECOVER-BACKSTEP

1-2 Step right foot forw, Step left foot forw
3&4& Kick right forw, Step right next to left, Step left forw, Step right next to left
5-6 Step left foot forw, Step right foot forw
7&8 Step left forw, Recover onto right, Step left back

S2: ¼ TURN R-POINT-1/4 TURN L-TOUCH-1/4 TURN R-1/2 TURN R-1/4 TURN R-CHASSE

1-2 ¼ turn right stepping right to right side, Point left toe to left side(03)
3-4 ¼ turn left step left foot down, Touch right next to left (12)
5-6 ¼ turn right stepping right forw(03), ½ turn right stepping left back
7&8 ¼ turn right stepping right to right side, Step left next to right, Step right to right side(12)

S3: CROSS-RECOVER-SIDE-CROSS SHUFFLE-ROCK RECOVER-COASTER STEP ¼ TURN L

1-2& Cross left over right, Recover onto right, Step left to left side
3&4 Cross right over left, Step left to left side, Cross right over left
5-6 Step left to left side, Recover onto right
7&8 ¼ turn left stepping left back, Step right next to left, Step left forw (09)

S4: SIDE-HOLD-BESIDE-SIDE-TOUCH-1/4 TURN L-1/2 TURN L-1/2 TURN L-TOUCH

1-2& Step right to right side, Hold, Step left next to right
3-4 Step right to right side, Touch left next to right
5-6 ¼ turn left stepping left forw, ½ turn left step right back
7-8 ½ turn left stepping left forw, Touch right next to left (06)

S5: DIAGONAL STEPS FORW TO R-ROCK RECOVER-1/2 TURN L

1-2& Step right diagonal forw to right, Step left forw, Step right next to left (7.30)
3-4 Step left forw, Step right forw
5-6 Step left forw, Recover onto right
7&8 ½ turn left stepping left forw, Step right next to left, Step left forw (facing corner 1.30)

S6: DIAGONAL STEPS FORW TO R-ROCK RECOVER-SIDE-TOUCH

1-2& Step right diagonal forw to right, Step left forw, Step right next to left (1.30)
3-4 Step left forw, step right forw
5-6 Step left forw, Recover onto right
7-8 Step left to left side, Touch right next to left (12)

S7: SIDE-TOUCH-POINT-TOUCH-1/4 TURN L-1/2 TURN L-1/2 TURN L-TOUCH

1-2 Step right to right side, Touch left toe behind right
3-4 Point left toe to left side, Touch left toe behind right
5-6 ¼ turn left stepping left forw, ½ turn left step right back
7-8 ½ turn left stepping left forw, Touch right next to left (09)

S8: CHASSE R-1/4 TURN L-CHASSE L-STEP-1/2 TURN R-1/2 TURN R-STEP

1&2 Step right to right side, Step left next to right, Step right to right side
3&4 ¼ turn left stepping left to left side, Step right next to left, Step left to left side (06)

5-6 Step right forw, ½ turn right stepping left back
7-8 ½ turn right stepping right forw, Step left forw (06)

RESTARTS : -

Wall 2 (06) after 48 counts. Facing 06

Wall 4 (06) after 32 counts. Facing 12

ENJOY!
