Don't Believe Ya!

拍数: 32

级数: Easy Beginner

编舞者: Jamie Barnfield (UK) - January 2015

音乐: Uptown Funk by Mark Ronson & Bruno Mars

S1: STOMP R STOMP L, SWAY R SWAY L, GRAPEVINE R

- 1-2 Stomp right, Stomp left (finishing shoulder length apart)
- 3-4 Sway right, Sway left
- 5-6 Step right to right side, cross left behind right
- 7-8 Step right to right side, Touch left next to right (12:00)

S2: STOMP L STOMP R, SWAY L SWAY R, GRAPEVINE L

- 1-2 Stomp left, Stomp right (finishing shoulder length apart)
- 3-4 Sway left, Sway right
- 5-6 Step left to left side, cross right behind left
- 7-8 Step left to left side, Touch right next to left (12:00)

S3: ROCK FORWARD R, RECOVER L, ROCK BACK R, RECOVER L, PIVIOT ¼ TURN L x2

- 1-2 Rock forward on right, recover back on left,
- 3-4 Rock back on right, recover forward on left
- 5-6 Step forward on right, Pivot ¼ turn left (weight on left) (9:00)
- 7-8 Step forward on right, Pivot ¼ turn left (weight on left) (6:00)

S4: R JAZZ BOX, SHUFFLE ON RIGHT DIAGONAL, SHUFFLE ON LEFT DIAGONAL

- 1-2 Step right across left, step back on left
- 3-4 Step right to right side, Step forward on left
- 5&6 Step right forward on right diagonal, close left next to right, Step right forward on right diagonal

7&8 Step left forward on left diagonal, close right next to left, Step left forward on left diagonal **(Straighten up to 6:00 wall on count 1 of next wall)**

* TAG: ON WALL 5 REPLACE COUNTS 1-4 IN SECTION 3 WITH:

- 1-2 Stomp right forward, Hold
- 3-4 Hold, Hold (transferring weight onto left)

Note: This dance is a great floor split for the Beginners with Rob Fowlers "Uptown Funk"

(For the professional Beginner!! extra styling can be added on any sway or rock steps in the dance by placing the palms of your hands forward and with keeping your elbows tucked in take your hands in the direction you are swaying or rocking. Have fun!!!!)

Contact - Tel: 07810821558 - Email: boogie_shoes@live.co.uk - Website: www.boogie-shoes.co.uk





坷

墙数: 2