

Living Once

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Improver
编舞者: Si Birchwood (UK) - January 2015
音乐: We Only Live Once - Shannon Noll : (Album: We Only Live Once - Single)



Intro: □32 counts – After the vocals start

Sect 1: □Side, Behind, 1/4 Turn, Step 1/4 Turn, Cross, Sway Right, Left

1,2 Step Right to Right Side, Cross Left Behind Right
3,4 Side Right making 1/4 Turn Right, Step Fwd on Left □[03:00]
5,6 Pivot 1/4 Turn Right, Cross Left Over Right □[06:00]
7,8 Sway Right, Left

Sect 2: □Side, Behind, 1/4 Turn, Step 1/4 Turn, Cross, Sway Right, Left

1,2 Step Right to Right Side, Cross Left Behind Right
3,4 Side Right making 1/4 Turn Right, Step Fwd on Left □[09:00]
5,6 Pivot 1/4 Turn Right, Cross Left Over Right □[12:00]
7,8 Sway Right, Left

Sect 3: □Back Rock, Right Kick Ball Cross, Side Chasse, Back Rock

1,2 Rock Back on Right (Turning Slightly to the Right), Recover on Left
3&4 Low Kick Fwd on Right, Step Ball of Right Next to Left, Cross Left Over Right
5&6 Step Right to Right Side, Close Left To Right, Step Right to Right Side
7,8 Rock Back on Left (Turning Slightly to the Left), Recover on Right

Sect 4: □Left Kick Ball Cross, Side Chasse, Back Rock, Step 1/2 Turn

1&2 Low Kick Fwd on Left, Step Ball of Left Next to Right, Cross Right Over Left
3&4 Step Left to Left Side, Close Right To Left, Step Left to Left Side
5,6 Rock Back on Right, Recover on Left
7,8 Step Fwd Right, Pivot 1/2 Turn Left [06:00]

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