

In The Basement

拍数: 48 墙数: 2 级数: Improver
编舞者: Eddie Huffman (USA) - January 2015
音乐: In the Basement (feat. Kelly Clarkson) - Martina McBride : (CD: Everlasting - iTunes.com)



Intro: begin on lyrics

RIGHT CROSS ROCK, RIGHT CHASSE, LEFT CROSS ROCK, LEFT CHASSE TURN 1/4 LEFT

1-2 Cross/rock right over left, recover onto left
3&4 Step right to side, step left together, step right to side
5-6 Cross/rock left over right, recover onto right
7&8 Turn ¼ left and step left forward, step right together, step left forward (9:00)

PIVOT ½ TURN LEFT, CHASSE FORWARD, LEFT ROCK, COASTER STEP

1-2 Step right forward, pivot ½ turn left (3:00)
3&4 Chassé forward right-left-right
5-6 Rock left forward, recover to right
7&8 Step left back, step right together, step left forward

VINE RIGHT WITH CROSS, CHASSE RIGHT, ROCK, RECOVER

1-4 Step right to right, cross left behind right, step right to right, cross left over right
5&6 Chassé right stepping right, left, right
7-8 Rock back on left, recover on right

VINE LEFT WITH CROSS, CHASSE LEFT, ROCK, RECOVER

1-4 Step left to left, cross right behind left, step left to left, cross right over left
5&6 Chassé left stepping left, right, left
7-8 Rock back on right, recover on left

KICK BALL STEP, TWICE, JAZZ BOX, TURN 1/4 RIGHT

1&2 Right kick ball step
3&4 Right kick ball step
5-8 Cross right over left, step left back, turn ¼ right step right to side, step left forward (6:00)

WALK FORWARD, MAMBO STEP, WALK BACK, COASTER STEP

1-2 Step right forward, step left forward
3&4 Rock right forward, recover to left, step right back
5-6 Step left back, step right back
7&8 Step left back, step right together, step left forward

REPEAT
