

Get Ready For R.E.V.I.V.A.L (愛情復興) (zh)

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 2 级数: Improver
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音乐: Revival - Eurythmics : (CD: We Too Are One - 4:06)



前奏 : 32 count intro start on vocal (16 sec)

第一段 Side-Together, Right Shuffle Fwd, Side-Together, Back-Touch 右 併, 前交換, 左 併, 後踏 併點

- 1-2 step Right to Right side, step Left together
右足右踏, 左足併踏
- 3&4 step forward Right, step Left together, step forward Right
右足前踏, 左足併踏, 右足前踏
- 5-6 step Left to Left side, step Right together
左足左踏, 右足併踏
- 7-8 step back Left, touch Right together (12)
左足後踏, 右足併點(面向12點鐘)

第二段 Back-Touch, Forward-Together, Back-Touch, Right Kick Ball Cross 後踏 併點, 前踏 併踏, 後踏 併點, 踢 後 交叉

- 1-2 step back Right, touch Left together
右足後踏, 左足併點
- 3-4 step forward Left, step Right together
左足前踏, 右足併踏
- 5-6 step back Left, touch Right together
左足後踏, 右足併點
- 7&8 kick diagonally forward Right on Right, step back Right, cross Left over Right 右足右斜前踢, 右足後踏, 左足於右足前交叉踏

第三段 Side Rock-Recover, Right & Left Sailor, Touch Back-Unwind ½ Turn 右下沉 回復, 水手步, 水手步, 後點 繞轉

- 1-2 rock Right to Right side, recover on Left
右足右下沉, 左足回復
- 3&4 step Right behind Left, step Left to Left side, step Right to Right side
右足於左足後踏, 左足左踏, 右足右踏
- 5&6 step Left behind Right, step Right to Right side, step Left to Left side
左足於右足後踏, 右足右踏, 左足左踏
- 7-8 touch back on Right, keeping weight on Right unwind ½ turn Right (6) 右足後點, 右繞轉180度(面向6點鐘)

第四段 Step-½ Pivot, Left Shuffle Fwd, Step-½ Pivot, Step-½ Pivot 踏 轉, 前交換, 踏 轉, 踏 轉

- 1-2 step forward Left, ½ pivot turn Right (12)
左足前踏, 右軸轉180度(面向12點鐘)
- 3&4 step forward Left, step Right together, step forward Left
左足前踏, 右足併踏, 左足前踏

5-6 step forward Right, ½ pivot turn Left (6)
右足前踏, 左軸轉180度(面向6點鐘)

7-8 step forward Right, ½ pivot turn Left (12)
右足前踏, 左軸轉180度(面向12點鐘)

Alternative for non turner step 5-8: Right rocking chair
5-8簡易版: 右搖椅步

**第五段 Right Side-Shimmy, Together-Hold, Side Rock-Recover ¼ Turn, Shuffle Fwd 右抖肩, 併候, 右下
沉 1/4, 前交換**

1-2 step Right to Right side, shimmy shoulders
右足右踏, 雙肩抖動

3-4 step Left together, hold 左足併踏, 候

5-6 rock Right to Right side, ¼ turn Left as you recover on Left (9) 右足右下沉, 左轉90度左足回復(面
向9點鐘)

7&8 step forward Right, step Left together, step forward Right
右足前踏, 左足併踏, 右足前踏

**第六段 Left Side-Shimmy, Together-Hold, Side Rock-Recover ¼ Turn, Shuffle Fwd
左抖肩, 併候, 左下沉 1/4, 前交換**

1-2 step Left to Left side, shimmy shoulders
左足左踏, 雙肩抖動

3-4 step Right together, hold 右足併踏, 候

5-6 rock Left to Left side, ¼ turn Right as you recover on Right (12) 左足左下沉, 右轉90度右足回
復(面向12點鐘)

7&8 step forward Left, step Right together, step forward Left
左足前踏, 右足併踏, 左足前踏

**第七段 ¼ Turn-Hold, ½ Turn-Hold, Cross Rock, Right ¼ Turn Shuffle
1/4 候, 轉候, 交叉下沉 回復, 追步轉**

1-2 ¼ turn Left by stepping Right to Right side, hold (9)
左轉90度右足右踏, 候(面向9點鐘)

3-4 ½ turn Left by stepping Left to Left side, hold (3)
左轉180度左足左踏, 候(面向3點鐘)

5-6 cross rock Right over Left, recover on Left
右足於左足前交叉下沉, 左足回復

7&8 step Right to Right side, step Left together, ¼ turn Right by stepping forward Right (6)
右足右踏, 左足併踏, 右轉90度右足前踏(面向6點鐘)

**第八段 Full Turn Toe Struts, Rock Forward-Recover, Left Coaster Cross 轉趾踵, 轉趾踵, 下沉 回復, 海岸
交叉**

1-2 ½ turn Right by touching back on Left toe, drop Left heel (12)
右轉180度左足後點, 左足踵踏(面向12點鐘)

3-4 ½ turn Right by touching forward on Right toe, drop Right heel (6) 右轉180度右足前點, 右足踵
踏(面向6點鐘)

Alternative for non turner step 1-4: Left & Right forward toe struts
1-4拍簡易版: 左趾踵, 右趾踵

5-6 rock forward Left, recover on Right
左足前下沉, 右足回復

7&8 step back Left, step Right together, cross step Left over Right (6)
左足後踏, 右足併踏, 左足於右足前交叉踏(面向6點鐘)

