All Men Are Liars



拍数: 56 墙数: 4 级数: Phrased Intermediate

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音乐: All Men Are Liars - Robert Ellis: (CD: Lowe Country: The Songs Of Nick Lowe)



Sequence: A A, B A, B32, B32, B16, B A, A, B32, B32, B16, B B, A A, Ending

#2 counts intro (iTunes)

Sequence A: 16 counts

A Section 1:□Jump forward, hold, jump back, hold, pivot ½ left, step forward Small jump forward landing out right & out left, hold with clap &1-2 &3-4 Small jump back landing in right & in left, hold with clap 5–6 Step right foot forward, pivot ½ turn left weight onto left (6:00) 7–8 Step right foot forward, hold with clap

A Section 2: □ Paddle turn ¼ x 2, jazz box with touch

1–2	Step forward on left foot, turn ¼ right, placing weight on right (9:00)
3–4	Step forward on left foot, turn ¼ right, placing weight on right (12:00)
5–6	Cross left foot over right, step back on right foot
7–8	Step left foot to left side, touch right foot next to left

Sequence B: 40 counts

B Section 1:□Side, together, chasse ¼ turn right, ¼ turn chasse to left, rock back-recover

1–2	Step right foot to right side, step left foot next to right
3&4	Step right foot to right side, step left foot next to right, turn $\frac{1}{4}$ right stepping right foot forward (3:00)
5&6	1/4 turn right step left foot to left side, step right foot next to left, step left foot to left side (6:00)
7–8	Rock right foot back, recover weight onto left

B Section 2:□Weave right, chasse right, rock-recover

9–10	Step right foot to right side, step left behind of right with a slight dip on knees
11–12	Step right foot to right side, step left foot across in front of right
13&14	Step right foot to right side, step left next to right, step right foot to right side
15–16	Rock left foot behind of right, recover weight onto right foot

Note: ☐Restart the dance here on wall: 7 & 13 by adding an &-count by stepping left foot next to right

B Section 3:□(Turn 1/8 step left forward, hold & lock-step, step right forward) x 2

17–18	Turning 1/8 to left diagonal step left foot forward, hold (with clap) (4:30)
&19–20	Lock step right behind of left, step left forward, step right foot forward
21–22	Turning 1/8 to left step left foot forward, hold (with clap) (3:00)
&23-24	Lock step right behind of left, step left forward, step right foot forward

B Section 4: ☐ Cross, back, step side, chasse left, rock-recover, ½ turn, ½ turn

25–26	Step left foot across in front of right foot, step right foot back
27&28	Step left foot to left side, step right foot next to left, step left foot to left side
29–30	Rock right foot back, recover weight onto left
31-32	Turn ½ turn left step back on right foot, ½ turn left step forward on left foot

Note: ☐ Restart the dance here on wall: 5, 6, 11 and 12

B Section 5: ☐ Shuffle forward, rock-recover, shuffle back, rock-recover

33&34	Shuffle forward stepping right forward, left next to right, step right forward
35–36	Rock left foot forward, recover weight onto right foot
37&38	Step left foot back, step right foot next to left, step left foot back

39–40 Rock back on right foot, recover weight onto left

Ending:

Chassé right, rock-recover, chassé left, rock-recover, out, out, stomp together, hold

1&2 Step right foot to right side, step left next to right, step right foot to right side

3–4 Rock back on left foot, recover weight onto right foot

Step left foot to left side, step right next to left, step left foot to left side

7–8 Rock back on right foot, recover weight onto left foot

9–10 Step right foot out to right diagonal, step left foot out to left diagonal

11–12 Stomp right foot next to left, hold

Not to hard I hope! ENJOY!