Messing About

拍数: 48 墙数: 1 级数: Beginner / Improver
编舞者: Gordon Timms (UK) - January 2015
音乐: Mess O' Blues - Jeff Healey : (CD: Mess O' Blues)

Start the dance after 16 counts intro!
** As with all Jive moves… keep the steps nice and 'bouncy' and please take small steps! ☐

SECTION 1: ☐KICK, KICK, TOUCH, KICK, COASTER STEP, PIVOT HALF TURN RIGHT

1 - 2	Low kick right toe forward, low kick right to side at 45º
3 - 4	Touch right toe next to left instep, Low kick right toe forward.
5 & 6	Short step back on the right, step left next to right, step right slightly forward.
7 - 8	Take a short step forward left, pivot half turn right keeping weight on right. Faces 6.00

SECTION 2:☐KICK, KICK, TOUCH, KICK, COASTER STEP, PIVOT HALF TURN LEFT

1 - 2	Low kick left toe forward, low kick left to side at 45º
3 - 4	Touch left toe next to left instep, Low kick left toe forward.
5 & 6	Short step back on the left, step right next to left, step left slightly forward.
7 - 8	Take a short step forward right, pivot half turn left keeping weight on left. Faces 12.00

SECTION 3:☐RIGHT SIDE CHASSÉ, ROCK BACK, RECOVER, LEFT SIDE CHASSÉ, ROCK BACK, RECOVER

1 & 2	Step right to right side, close left next to right, step right to right side.
3 - 4	Rock back on the left foot, recover weight on to the right.
5 & 6	Step left to left side, close right next to left, step left to left side.
7 - 8	Rock back on the right foot, recover weight on to the left. Faces 12.00

SECTION 4:☐TWO PVOT HALF TURNS (OR ROCKING CHAIR) RIGHT KICK BALL CHANGE X 2

1 - 2	Take a short step forward right, pivot half turn left keeping weight on left
3 - 4	Take a short step forward right, pivot half turn left keeping weight on left
5 & 6	Low kick right toe forward, step right next to left, slight lift and replace weight on to left.
7 & 8	Low kick right toe forward, step right next to left, slight lift and replace weight on to left..Faces 12.00

RESTART HERE – walls 3 and 7☐☐☐☐

SECTION 5:☐SIDE STEP, CROSS, POINT, CROSS, SIDE CHASSÉ RIGHT, ROCK BACK, RECOVER

1 - 2	Step right to right side, Cross left over right
3 - 4	Point left toe back to left side, Cross left over right.
5 & 6	Step right to right side, close left next to right, step right to right side
7 - 8	Rock back on the left foot, recover weight on to the right. Faces 12.00

SECTION 6:☐SIDE STEP, CROSS, POINT, CROSS, SIDE CHASSÉ LEFT, ROCK BACK, RECOVER.

1 - 2	Step left to left side, Cross right over left
3 - 4	Point right toe back to right side, Cross right over left
5 & 6	Step left to left side, close right next to left, step left to left side.
7 - 8	Rock back on the right foot, recover weight on to the left. Faces 12.00

RESTART AFTER 32 COUNTS – ON WALLS - 3 and 7

FINISH:☐Dance will finish after 32 counts on the kick ball change… just do one of them and then pose!!

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