

Bubbles Dahhling

COPPER KNOB
BY STEPHEN

拍数: 96 墙数: 2 级数: High Intermediate
编舞者: Simon Ward (AUS) & Niels Poulsen (DK) - December 2014
音乐: Break Free (feat. Zedd) - Ariana Grande : (iTunes)



*1 Restart: On wall 2, after 48 counts. BUT you change count 48 to a L hitch to start with L foot □

#1 Tag: After wall 4, you start the cha cha section doing up to counts 4& (facing 12:00).

When stepping R to R side on count 5 you shimmy your shoulders from count 5-8, then RESTART

Intro: Start after 16 counts (app. 7 secs into track). Weight on R.

Note: First 64 counts is a cha cha, next 32 are a nightclub section even if not technically correct in nightclub terms...

[1 – 9] Side L, R diagonal rock, chassé R, L diagonal rock, L back lock step

1 – 3 Step L to L side (1), turn 1/8 L rocking R fwd (2), recover back on L (3) 10:30
4&5 Turn 1/8 R stepping R to R side (4), step L next to R (&), step R to R side (5) 12:00
6 – 7 Turn 1/8 R rocking L fwd (6), recover back on R (7) 1:30
8&1 Step back on L (8), cross lock R over L (&), step back on L (1) 1:30

[9 – 16] R back rock, step 3/8 L, rock R fwd, 1/2 R

2 – 3 Rock back on R (2), recover weight fwd to L (3) 1:30
4 – 5 Step fwd on R (4), turn 3/8 L stepping fwd on L (5) 9:00
6 – 7 Rock fwd on R (6), recover back on L (7) 9:00
8 Turn 1/2 R stepping fwd on R (8) 3:00

[17 – 25] 1/2 R with long sweep, behind side cross, rock R with 1/4 R, L lock step fwd

1 – 2 Turn 1/2 R stepping back on L sweeping R to R side (1), sweep R behind L with no weight on R (2) 9:00
3 – 5 Cross R behind L (3), step L to L side (4), cross R over L (5) 9:00
6 – 7 Rock L to L side (6), recover on R turning 1/4 R fwd (7) 12:00
8&1 Step fwd on L (7), lock R behind L (8), step fwd on L (1) 12:00

[26 – 32] Step 1/2 L, 1/2 L, 1/4 L with big step slide, cross, point L

2 – 3 Step fwd on R (2), turn 1/2 L stepping fwd on L (2) 6:00
4 – 6 Turn 1/2 L stepping back on R (3), turn 1/4 L stepping L a big step L (5), drag R towards L (6) 9:00
7 – 8 Cross R over L opening up in body to L diagonal (7), point L foot fwd (8) 7:30

[33 – 41] Behind side walk 1/8 R, R lock step fwd, rock L fwd, L back lock step

1 – 3 Step back on L and behind R (1), turn 1/8 R stepping R to R side (2), turn 1/8 R walking L fwd (3) 10:30
4&5 Step fwd on R (4), lock L behind R (&), step fwd on R (5) 10:30
6 – 7 Rock fwd on L (6), recover back on R (7) 10:30
8&1 Step back on L (8), cross lock R over L (&), step back on L (1) 10:30

[42 – 48] R back rock, shuffle 1/2 L, L back rock, fwd L

2 – 3 Rock back on R (2), recover fwd on L (3) 10:30
4&5 Turn 1/4 L stepping R to R side (4), step L next to R (&), turn 1/4 L stepping back on R (5) 4:30
6 – 8 Rock back on L (6), recover fwd on R (7), step fwd on L (8) 4:30

[49 – 57] R hitch & shoulder pop, cross side, R sailor step, cross, 1/4 L, shuffle 1/2 L

1 – 3 Hitch R knee and pop your R shoulder fwd looking slightly R (1), cross R over L (2), turn 1/8 R stepping L to L side (3) 6:00

- 4&5 Cross R behind L (4), step L to L side (&), step R to R side (5) 6:00
6 – 7 Cross L over R (6), turn ¼ L stepping back on R (7) 3:00
8&1 Turn ¼ L stepping L to L side (8), step R next to L (&), turn ¼ L stepping L fwd (1) 9:00

[58 – 64] ¼ L into R side rock, R jazz box, step L, cross

- 2 – 3 Turn ¼ L rocking R to R side (2), recover weight on L (3) 6:00
4 – 6 Cross R over L (4), step L back (5), step R to R side (6) 6:00
7 – 8 Step L slightly fwd (7), cross R over L (8) 6:00

[65 – 72] L basic nightclub step, R basic nightclub step

- 1 – 4 Step L a big step to L side (1), drag R towards L (2), rock back on R (3), recover on L (4) 6:00
5 – 8 Step R a big step to R side (5), drag L towards R (6), rock back on L (7), recover on R (8) 6:00

[73 – 80] L side rock, cross, ¼ L back, backwards L rocking chair

- 1 – 2 Rock L to L side (1), recover on R (2) 6:00
3 – 4 Cross L over R (3), turn ¼ L stepping back on R (4) 3:00
5 – 6 Rock back on L (5), recover weight fwd to R (6) 3:00
7 – 8 Rock fwd on L (7), recover back on R (8) 3:00

[81 – 88] L basic nightclub step, R basic nightclub step

- 1 – 4 Step L a big step to L side (1), drag R towards L (2), rock back on R (3), recover on L (4) 3:00
5 – 8 Step R a big step to R side (5), drag L towards R (6), rock back on L (7), recover on R (8) 3:00

[89 – 96] Slow L sway, slow R sway, ¼ L, step turn step

- 1 – 2 Step L to L side starting a L sway (1), finish L sway (2) 3:00
3 – 4 Step R to R side starting a R sway (3), finish R sway (4) 3:00
5 Turn ¼ L stepping fwd on L (5) 12:00
6 – 8 Step R fwd (6), turn ½ L stepping fwd on L (7), step fwd on R (8) 6:00

Start again

Ending: Wall 5 is your last wall (starts facing 12:00). Do all 96 counts (now facing 6:00) then turn ½ R stepping back on L shimmying your shoulders hitting the last beats in the music 12:00
