

拍数: 124      墙数: 1      级数: Phrased Intermediate  
编舞者: Yola Ireneous (INA) & Budi Satrio (INA) - January 2015  
音乐: Ekspresi by Indonesian Idol 1



(Start dancing on lyric after 32 counts intro music)

Sequence : A – A – B – (Tag) – A – B – C – B – B – B

Tag□: 16 counts

## A (32)□

### A1 [1-8] SIDE, TOGETHER – RIGHT SIDE SHUFFLE – JAZZ BOX CROSS

1 – 2            Step R to side , close L beside R  
3 & 4            Step R to side , close L beside R, step R to side  
5,6,7,8        Cross L over R , step R back, step L to side , cross R over L

### A2 [9-16]□SIDE TOGETHER – LEFT SIDE SHUFFLE – JAZZ BOX CROSS

1 – 2            Step L to side , close R beside L  
3 & 4            Step L to side , close R beside L , step L to side  
5,6,7,8        Cross R over L , step L back , step R to side , cross L over R

### A3 [17-24]□FORWARD ROCK , ½ TURN RIGHT SHUFFLE, HIP BUMPS

1 – 2            Rock R forward , recover back on L  
3 & 4            Turn ¼ right step R to side , close L beside R , turn ¼ right step R forward (6.00)  
5 & 6            Touch L forward and bump hips forward, back , forward stepping on L  
7 & 8            Touch R forward and bump hips forward , back , forward stepping on R

### A4 [25-32]□PADDLE ¼ TURN RIGHT (X2) – SAILOR STEP – KICK BALL CHANGE

1,2,3,4        Step L forward , turn ¼ right , step L forward , turn ¼ right (12.00)  
5 & 6            Step L behind R , step R to side , step L in place  
7 & 8            Kick R forward , step R in place , step L

## B (44)□

### B1 [1-8] CROSS , HITCH - BOTAFOGO - ½ TURN RIGHT – SIDE TOUCH

1 – 2            Cross R over L , hitch L knee over R (body angle right diagonal)  
3 & 4            Cross L over R , rock R to side , recover on L  
5 – 6            Cross R over L , ¼ turn right stepping L back  
7 – 8            ¼ turn right stepping R to side , touch L to side (6.00)

### B2 [9-16]□LEFT ROLLING VINE , TOUCH - ½ TURN RIGHT , TOUCH – KICK BALL CROSS

1 – 2            Turn ¼ left stepping L forward , turn ½ left stepping R back  
3 – 4            Turn ¼ left stepping L to side , touch R to side  
5 – 6            Turn ¼ right stepping R forward , turn ¼ right touching L beside R  
7 & 8            Kick L forward , step L in place , cross R over L (12.00)

### B3 [17-24]□SIDE ROCK – VINE ¼ TURN RIGHT – WALK FORWARD – FORWARD MAMBO

1 – 2            Rock L to side , recover on R  
3 & 4            Step L behind R , turn ¼ right stepping R forward , step L forward (3.00)  
5 – 6            Walk forward on : R – L  
7 & 8            Rock R forward , recover back on L , step R slightly back

### B4 [25-32]□ANCHOR STEP (X2) – BACK TOUCH – ½ TURN LEFT, WALK

1 & 2            Rock L back , recover on R , recover back on L

3 & 4            Rock R back , recover on L , recover back on R  
5 – 6            Touch L behind R , turn ½ left weight on L  
7 – 8            Walk forward on : R , L .(9.00)

**B5 [33-40] □ JAZZ BOX ¼ RIGHT – TOUCH TOUCH STEP – PIVOT ½ RIGHT**

1,2,3,4            Cross R over L , step L back , turn ¼ right step R to side , step L forward (12.00)  
5&6            Touch R slightly forward diagonal right , touch R further fwd , step R further fw  
7 – 8            Step L forward – turn ½ right weight on R (6.00)

**B6 [41-44] □ FORWARD DIAGONAL LEFT TOUCH TOUCH STEP – PIVOT ½ LEFT**

1 & 2            Touch L slightly forward diagonal left , touch L further fwd , step L further fwd  
3 – 4            Step R forward – pivot ½ turn left (12.00)

**C (48) □**

**C1 [1-8] SIDE, HOLD – TOGETHER , HOLD – SIDE, HOLD – TOGETHER ,HOLD**

1,2,3,4            Step R to side , hold , close L beside R , hold  
5,6,7,8            repeat 1-4

**C2 [9-16] □ SIDE, HOLD – TOGETHER , HOLD – SIDE, HOLD – TOGETHER ,HOLD**

1,2,3,4            Step L to side , hold , close R beside L , hold  
5,6,7,8            repeat 1-4

**C3 [17-24] □ TWIST , HOLD – TWIST , HOLD – TWIST X3 , HOLD**

1,2,3,4            Twist both heels to right , hold , twist both heels to left , hold  
5,6,7,8            Twist both heels to right , left , right, hold

**C4 [25-32] □ TWIST , HOLD – TWIST , HOLD – TWIST X3 , HOLD**

1,2,3,4            Twist both heels to left , hold , twist both heels to right , hold  
5,6,7,8            Twist both heels to left , right , left , hold

**C5 [33-40] □ WALK WALK SHUFFLE FULL CIRCLE OVER RIGHT SHOULDER**

1 – 2            start making full circle over right shoulder stepping on R , L  
3 & 4            shuffle R , L, R  
5 – 6            Step on L , R  
7 & 8            Shuffle on L , R ,L (completing full circle facing 12.00)

**C6 [41-48] □ WALK WALK SHUFFLE FULL CIRCLE OVER LEFT SHOULDER**

1 – 2            start making full circle over left shoulder stepping on R , L  
3 & 4            shuffle R , L, R  
5 – 6            Step on L , R  
7 & 8            Shuffle on L , R ,L (completing full circle facing 12.00)

**Tag : 16 count Tag happens only once**

**FORWARD WALK , TOUCH – WALK BACK , TOUCH**

1,2,3,4            Walk forward on : R , L , R , touch L to side  
5,6,7,8            Walk backward on : L , R , L , touch R to side

**PIVOT ½ LEFT – WALK FORWARD**

1,2,3,4            Step R forward , turn ½ left weight on L , walk fwd R , walk fwd L  
5,6,7,8            repeat 1-4

**Enjoy the dance !!**

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