

Night Changes

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: Nathan Gardiner (SCO) - December 2014
音乐: Night Changes - One Direction



Intro: 16 counts start on vocals

SIDE, TOGETHER, FORWARD, TOUCH, SIDE, TOGETHER, BACK, TOUCH

1-2 Step right to right side, Step left next to right
3-4 Step forward on right, Touch left next to right
5-6 Step left to left side, Step right next to left
7-8 Step back on left, Touch right next to left

REVERSE ROCKING CHAIR, COASTER STEP, TOUCH

1-2 Rock back on right, Recover on left
3-4 Rock forward on right, Recover on left
5-6 Step back on right, Step left next to right
7-8 Step forward on right, Touch left next to right

SIDE, TOGETHER, FORWARD, TOUCH, SIDE, TOGETHER, BACK, TOUCH

1-2 Step left to left side, Step right next to left
3-4 Step forward on left, Touch right next to left
5-6 Step right to right side, Step left next to right
7-8 Step back on right, Touch left next to right

REVERSE ROCKING CHAIR, TURN 1/4 LEFT, TOUCH, POINT, TOUCH

1-2 Rock back on left, Recover on right
3-4 Rock forward on left, Recover on right
5-6 Turn 1/4 left stepping left to left side, Touch right next to left
7-8 Point right toes out to right side, Touch right next to left

Restart 1: On wall 5 dance up to count 16 instead on touching step forward on left then Restart the dance
Restart 2: On wall 11 dance up to count 28 instead of recovering on right touch right next to left then Restart the dance

Start Again.....Happy Dancing

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