

# You Raise Me Up Waltz

**COPPER KNOB**  
BY STEPHEN

拍数: 48      墙数: 1      级数: Low Intermediate waltz  
编舞者: Karen Tripp (CAN) - December 2014  
音乐: You Raise Me Up - Susann Taylor : (Album: Ballroom Perfection - Casa Musica  
online)



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Ending: □ Dance ends after 48 counts facing 12:00

Wait 4 measures (12 counts), left lead

## TWINKLE ¼ LEFT; SYNCOPATED WEAVE 4 (9:00)

1-2-3      Cross left over right as you start turning the body left ¼, step side right, close left to right (9:00)  
4-5&6      Cross right over left, step side left, step right behind left, step side left

## CROSS LUNGE, RECOVER, SIDE; CROSS LUNGE, RECOVER, SLOW SWEEP

7-8-9      Cross right over left bending both knees slightly, recover to left, step side right  
10-11-12      Cross left over right bending both knees slightly, recover to right, sweep left foot from front towards back over 2 counts(no wt)

## SAILOR ¼ LEFT; FORWARD, LOCK, FORWARD (6:00)

13-14-15      Continuing the sweep, step left behind right as you turn ¼ left, step on right squaring up to 6:00, step slightly forward left  
16-17-18      Step forward right, lock left behind right, step forward right

## FORWARD COASTER STEP; BACK COASTER STEP

19-20-21      Step forward left, close right to left, step back on left  
22-23-24      Step back on right, close left to right, step forward on right

## FORWARD WALTZ; BACK, ½ TURN LEFT (12:00)

25-26-27      Step forward left, close right to left, step slightly forward left  
28-29-30      Step right foot back turning toe in to prep for turn, turn ½ left and step forward left, step forward right

## FORWARD, TAP TWICE; BACK, SLOW SWEEP

31-32-33      Step left forward, tap right toe diagonally right twice  
34-35-36      Step back on right, sweep left toe from front towards back over 2 counts

## BACK WEAVE 3, SIDE DRAW RIGHT WITH TOUCH

37-38-39      Step left behind right, step side right, cross left over right  
40-41-42      Big side step right, drag left toe next to right over 2 counts

## LEFT FULL TURN ROLL IN 3, RIGHT TWINKLE (12:00)

43-44-45      Turn ¼ left and step left, turn ½ left and step back on right, turn ¼ left and step side left  
46-47-48      Cross right over left, step side on left angling body slightly to right, close right to left

**ENDING:** Step left in front of right and slightly bend both knees, as you slowly bring arms out to sides.

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