

Mamma Mia

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Carol Luo (TW) - November 2014
音乐: Mamma Mia - ABBA



Intro: Start after 32 counts

Section1: Rock Recover, Side Shuffle , Rock Recover, Side Shuffle 1/4 Turn Left

1-2 Cross rock right over left, Recover on left
3&4 Step R to R side, Step L next to R, Step R to R side
5-6 Cross rock left over right, Recover on right
7&8 Step L to L side, Step R next to L, Turn 1/4 left Step L (9:00)

Section2: Step, Pivot 1/2, Forward, Touch, Rock, Recover, Coaster

1-2 Step right forward, Pivot 1/2 turn left (3:00)
3-4 Step right forward, Touch left toe beside right feet
5-6 Rock forward on left, Recover on right
7&8 Step back on left, Step right next to left, Step forward on left

Section3: Side, Behind, Side, Kick & Snap, Side, Behind, Side, Kick & Snap

1-4 Step R to R side, Cross L behind R, Step R to R side, Kick L diagonal forward right (Snap)
5-8 Step L to L side, Cross R behind L, Step L to L Side, Kick R diagonal forward left (Snap)

Section4: Step diagonal back, touch, hip bump, Step diagonal forward, touch, hip bump

1-2 Step R to R diagonal back, Touch left toe beside right feet
3-4 Hips L bump twice
5-6 Step L to L diagonal forward, Touch right toe beside left feet
7-8 Hips R bump twice

Tag: (End of wall 5)(3:00)

(1-8) Rock, Recover, Coaster

1-2 Rock forward on right, Recover on left
3&4 Step back on right, Step left next to right, Step forward on right
5-6 Rock forward on left, Recover on right
7&8 Step back on left, Step right next to left, Step forward on left

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