

# A Blue Christmas (一個藍色的聖誕節)

## (zh)

COPPER KNOB STEPSHEETS

拍数: 32          墙数: 2          级数: Beginner  
 编舞者: Nina Chen (TW) - 2014年12月  
 音乐: Blue Christmas - Engelbert Humperdinck



Intro: 16 counts (Starting on the word "Blue") (從聽到"Blue"時起跳)

### S1: CROSS - POINT - CROSS - POINT - JAZZ BOX 1/4 TURN R

1-4          Cross RF over LF - Point LF out on L - Cross LF over RF - Point RF out on R  
 5-8          Cross RF over LF - Step LF back - 1/4 turn R (3:00) Step RF to R - Step LF forward  
 1-4          右足前交叉步 - 左足左側點 - 左足前交叉步 - 右足右側點  
 5-8          (爵士方塊步) 右足前交叉步 - 左足後踏 - 右轉1/4 (3:00) 右足右踏 -  
 左足前踏

### S2: CHASSE - ROCK - RECOVER - SIDE - CROSS - 1/4 TRUN L FORWARD SHUFFLE

1&2          Step RF to R - Step LF beside RF - Step RF to R  
 3-4          Rock LF back - Recover onto RF  
 5-6          Step LF to L - Cross RF behind LF  
 7&8          1/4 trun L (12:00) Forward shuffle (L R L)  
 1&2          右足右踏 - 左足併於右足旁 - 右足右踏  
 3-4          左足後下沉步 - 重心回右足  
 5-6          左足左踏 - 右足後交叉步  
 7&8          左轉1/4 (12:00) 前交換步 (左 右 左)

### S3: BACK SHUFFLE TURN L 1/2 - ROCK - RECOVER - STEP - HEEL DIG - STEP - HEEL DIG

1&2          Back shuffle ( R L R) turn L 1/2 (6:00)  
 3-4          Rock LF back - Recover onto RF  
 5-6          Step LF to L (Bend knees slightly and Dip down - pushing hips Left) - Dig RF heel Diagonally forward R  
 7-8          Step RF to R (Bend knees slightly and Dip down - pushing hips Right) - Dig LF heel Diagonally forward L  
 1&2          後交換步 (右 左 右) 向左轉1/2 (6:00)  
 3-4          左足後下沉步 - 重心回右足  
 5-6          左足膝蓋微彎向左轉臀 - 右足足跟向右斜前方點  
 7-8          右足膝蓋微彎向右轉臀 - 左足足跟向左斜前方點

### S4: BACK - KICK - BACK - KICK - ROCK - RECOVER - FORWARD - SWEEP

1-4          Step LF backward - Kick RF forward - Step RF backward - Kick LF forward  
 5-8          Rock LF back - Recover onto RF - Step LF forward - Sweep RF forward  
 1-4          左足後踏 - 右足前踢 - 右足後踏 - 左足前踢  
 5-8          左足後下沉步 - 重心回右足 - 左足前踏 - 右足由後往前繞步

Have Fun & Happy Dancing!

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