

Galway Girls (高爾女郎) (zh)

COPPER KNOB
STEPSHETS

拍数: 31 墙数: 4 级数: Improver
编舞者: Chris Hodgson (UK) - 2008年06月
音乐: The Galway Girl - Sharon Shannon & Steve Earle : (CD: The Best of Sharon Shannon)



前奏: Intro: 8 Counts on Vocals 唱歌起跳

第一段 Fwd-Touch-Back-Touch / Coaster Step / Shuffle Fwd / Step-1/4-Cross
前-點-後-點/海岸步/前交換步/踏-轉1/4-交叉

1& 前踏 後點 Step Forward On Right, Touch Left Behind Right
右足前踏, 左足於右足後點
2& 後踏 併點 Step Back On Left, Touch Right Next To Left
左足後踏, 右足併點
3&4 海岸步 Step Back On Right, Step Left Next To Right, Step Forward On Right
右足後踏, 左足併踏, 右足前踏
5&6 前交換 Shuffle Forward On Left-Right-Left 前交換步-左, 右, 左
7&8 踏 90 交叉 Step Forward On Right, Pivot 1/4 Turn Left, Cross Right Over Left (9 o'clock) 右足前踏, 左轉90度, 右足於左足前交叉踏(9點鐘)

第二段 1/4-1/4-Cross / Side-Touch-Side-Flick / Weave / 1/4 Turn Coaster Step 1/4-1/4-交叉 / 側-點-側-抬/藤步/轉1/4海岸步

1&2 90 90 交叉 1/4 Turn Right Stepping Back On Left, 1/4 Turn Right Stepping Right To Right Side, Cross Left Over Right
右轉90度左足後踏, 右轉90度右足右踏, 左足於右足前交叉踏
3& 右踏 併點 Step Right To Right Side, Tap Left Next To Right
右足右踏, 左足併點
4& 左踏 抬 Step Left To Left Side, Flick Right Foot behind Left Knee
左足左踏, 右足於左膝蓋後抬
5&6 後旁前 Cross Right Behind Left, Step Left To Left Side, Cross Right Over Left
右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏
7&8 90海岸 1/4 Turn Right Stepping Back On Left, Step Right Next To Left, Step Forward On Left (6 o'clock)
右轉90度左足後踏, 右足併踏, 左足前踏(6點鐘)

*****RESTART HERE ON WALL 5 (facing 6 o'clock)*****

第五面牆(面向6點鐘)跳至此從頭起跳

第三段 Side-Rock-Heel Cross+Cross+Cross / Side-Rock-Behind / & Cross & Cross 側-下沉-踵交叉+交叉+交叉/側-下沉-後/&交叉 &交叉

1&2 曼波交叉踵 Step Right To Right Side, Rock Weight Onto Left, Cross Right Heel Over Left 右足右踏, 重心回左足, 右足踵於左足前交叉踏
&3 左 交叉踵 Small Step Left To Left, Cross Right Heel Over Left
左足左踏, 右足踵於左足前交叉踏
&4 左 交叉 Small Step Left To Left, Step Right Over Left
左足左踏, 右足於左足前交叉踏
5& 左下沉回復 Step Left To Left Side, Rock Weight Onto Right
左足左踏, 重心回右足,
6&7 後旁前 Cross Left Behind Right Small Step Right To Right, Cross Left Over Right 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏
&8 交叉交換 Small Step Right To Right, Cross Left Over Right (6 o'clock)
右足右踏, 左足於右足前交叉踏(6點鐘)

第四段 1/2 Monterey Turn X 2 / Heel Switches / Heel Hook
蒙特瑞轉1/2二次/踵交換/踵勾

1& 蒙特瑞轉 Point Right To Right Side, 1/2 Turn Right Stepping Right Next To Left
右足右點, 右轉180度右足併踏
2& Point Left To Left Side, Step Left Next To Right
左足左點, 左足併踏
3&4& 重覆 Repeat Counts 1&2& Again 重覆1&2&

- 5& 踵收 Touch Right Heel Forward, Step Right Next To Left
右足踵前點, 右足併踏
- 6& 踵收 Touch Left Heel Forward, Step Left Next To Right
左足踵前點, 左足併踏
- 7& 踵勾 Touch Right Heel Forward, Hook Right Over (6 O'clock)
右足踵前點, 右足前勾(6點鐘)
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