

Ou Lé Fou

COPPER KNOB
BYEPOSTETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: David Linger (FR) - December 2014
音乐: Tu es fou - Magic System : (CD: Africainement Vôtre, track 10)



Start the dance : 4 x 8 counts, on the lyrics at 15 secondes...

Side, Tap, Side Triple, Back Rock, Side, Tap

1 – 2 L step to the left, touch R beside L
3 & 4 Triple step (R-L-R) to the right
5 – 6 L rock back, recover on R
7 – 8 L step to the left, touch R beside L

Side, Tap, Side Triple, Back Rock with ¼ Turn Right, 2 Steps

1 – 2 R step to the right, touch L beside R
3 & 4 Triple step (L-R-L) to the left
5 – 6 R rock back with ¼ turn right (3:00), recover on L
7 – 8 R step forward, L step beside R

Stomp, Hold, Together, Side, Tap, Stomp, Hold, Together, Side, Tap

1 – 2 R stomp to the right, hold
& 3 – 4 L step beside R, R step to the right, touch L beside R
5 – 6 L stomp to the left, hold
& 7 – 8 R step beside L, L step to the left, touch R beside L

Style : □Arms up, move your body !!!!

Side, Tap, Side, Tap, 3 Steps Turn to The Right

1 – 2 R step to the right, touch L beside R (arms up to the right + snap)
3 – 4 L step to the left, touch R beside L (arms up to the left + snap)
5 – 7 ¼ turn right (6:00) and R step forward, ½ turn right (12:00) and L step back, ¼ turn right (3:00) and R step to the right

Option : 5 – 7 Vine to the right

8 Touch L beside R

Final : □On the lyrics: « Tu es Fou » L stomp forward (12:00)

BE COOL, SMILE & HAVE FUN !!!

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