

Poker Stone

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Low Intermediate
编舞者: Partyfor2 (ES) - September 2014
音乐: Poker Face - Lady Gaga : (CD: The Fame)



Intro: 64 counts

STEP SIDE, CROSS BACK, CROSS SHUFFLE, STEP SIDE, CROSS BACK, CROSS SHUFFLE

1-2 Step right side, cross left behind
3&4 Crossing chassé right-left-right
5-6 Step left side, cross right behind
7&8 Crossing chassé left-right-left

ROCK FORWARD, SHUFFLE BACK, STEP TOE BACK, TURN ½ LEFT, STEP TURN ½ LEFT

1-2 Rock right forward, recover to left
3&4 Chassé back right-left-right
5-6 Step left toe back, turn ½ left and lower left heel (6:00)
7-8 Step right forward, turn ½ left (weight to left) (12:00)

ROCK SIDE, SAILOR ¼ TURNING RIGHT, ½ HEIGHT HITCH, HITCH, COASTER STEP

1-2 Rock right side, recover to left
3&4 Turn ¼ right and right sailor step (3:00)
5-6 Hitch left (slightly), hitch left (normal)
Option for 5-6: synchronize the movements of legs with two movements of shoulders shaking back
7&8 Left coaster step

½-HEIGHT HITCH, HITCH, COASTER STEP, STEP FORWARD TOE, 1/8 TURN RIGHT (TWICE), DOWN-BENDING KNEES, UP-STRETCHING KNEES (OPTIONAL BODY SNAKE)

1-2 Hitch right (slightly), hitch right (normal)
Option for 1-2: synchronize the movements of legs with two movements of shoulders shaking back
3&4 Right coaster step
5&6& Step left forward, turn 1/8 right (weight to right), step left forward, turn 1/8 right (weight to right) (6:00)
7-8 Hold for 2 counts (bend knees, straighten knees)
Option for 7-8: a snake movement forward and back with your body

REPEAT