

Up On The Ridge

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Gloria Johnson (USA) - November 2014
音乐: Up On the Ridge - Dierks Bentley



Intro: 16 counts

RIGHT VINE, CROSS TOUCH, LEFT VINE, CROSS TOUCH

1,2 Step RIGHT to right side; Cross-step LEFT behind Right;
3,4 Step RIGHT to right side; Touch LEFT toe across Right foot;
5,6 Step LEFT to left side; Cross-step RIGHT behind Left;
7,8 Step LEFT to left side; Cross-touch RIGHT toe across Left foot.

SIDE ROCK, RECOVER, 1/4 TURNING SAILOR, STEP, 1/2 TURN, STEP, 1/4 TURN

1,2 Rock RIGHT to RIGHT to side; Recover to LEFT;
3&4 Cross-step RIGHT behind Left; Turning 1/4 left; Step LEFT slightly forward; Step RIGHT slightly forward (9:00);
5,6 Step LEFT forward; Turning 1/2 right; Step on RIGHT (3:00);
7,8 Step LEFT forward; Turning 1/4 right; Step on RIGHT (6:00).

TOUCH-BRUSH-TOUCH-BRUSH, CROSSOVER SHUFFLE, SIDE ROCK, RECOVER, 1/4 TURNING SAILOR STEP

1& Touch LEFT toe forward; Brush LEFT back to the right side of Right leg;
2& Touch LEFT toe forward; Brush LEFT back diagonally left;
3&4 Cross-step LEFT over Right; Step RIGHT to right side; Cross-step LEFT over Right;
5,6 Rock RIGHT to right side; Recover to LEFT;
7&8 Cross-step RIGHT behind Left; Turning 1/4 left, step LEFT slightly forward; Step RIGHT forward. (3:00)

STEP, 1/2 PIVOT TURN W. HOOK, FORWARD SHUFFLE, 1/2 TURN HITCH, SHUFFLE BACK, ROCK BACK, RECOVER

1,2 Step LEFT forward; Turning 1/2 right, hook RIGHT foot over Left leg; (9:00)
3&4 Step RIGHT forward; Step LEFT together; Step RIGHT forward;
& Turning 1/2 left; Hitch LEFT knee; (3:00)
5&6 Step LEFT back; Step RIGHT together; Step LEFT back;
7,8 Rock RIGHT back; Recover forward onto LEFT.

CROSSOVER SHUFFLE, REVERSE CROSSOVER SHUFFLE, ROCKING CHAIR

1&2 Cross-step RIGHT over Left; Step LEFT to left side; Cross-step RIGHT over Left;
3&4 Swing LEFT around and across Right; Step RIGHT to right side; Cross-step LEFT over Right;
5,6 Rock RIGHT forward; Recover back to LEFT;
7,8 Rock RIGHT back; Recover forward on LEFT.

BEGIN DANCE AGAIN

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