

FOOLISH HEART (癡心換絕情) (zh)

COPPER KNOB
BY STEPHEN LEE

拍数: 32 墙数: 4 级数: Improver
编舞者: Robbie McGowan Hickie (UK) - 2005年05月
音乐: Don't Pretend With Me - Vince Gill : (CD: These Days)



前奏 : 16 Count intro 16拍起跳

- 第一段** **Diagonal Step Forward. Touch. Diagonal Step Back. Touch. Right Scissor Step. Side Strut. Cross Strut. Left Scissor Step.**
斜前踏, 點, 後斜踏, 點, 右剪刀, 側趾踵, 交叉趾踵, 左剪刀
- 1& Step Right diagonally forward Right. Touch Left toe beside Right
右足右斜角線前踏, 左足趾併點
- 2& Step Left diagonally back Left. Touch Right toe beside Left.
左足左斜角線後踏, 右足趾併點
- 3&4 Step Right to Right side. Close Left beside Right. Cross step Right over Left. 右足右踏, 左足併踏, 右足於左足前交叉踏
- 5& Step Left toe to Left side. Drop Left heel to floor.
左足趾左點, 左足踵踏
- 6& Cross step Right toe over Left. Drop Right heel to floor.
右足趾於左足前交叉點, 右足踵踏
- 7&8 Step Left to Left side. Close Right beside Left. Cross step Left over Right. 左足左踏, 右足併踏, 左足於右足前交叉踏
- 第二段** **Right Side. Together. Forward. Step. Pivot 1/2 Turn Right. Step. Toe-Heel-Stomp. Toe-Heel-Cross.**
右踏, 併, 前, 踏右轉1/2, 踏, 趾踵重踏, 趾踵交叉
- 1&2 Long step Right to Right side. Close Left beside Right. Step forward on Right. 右足右一大步, 左足併踏, 右足前踏
- 3&4 Step forward on Left. Pivot 1/2 turn Right. Step forward on Left. (Facing 6 o'clock) 左足前踏, 右轉180度, 左足前踏(面向6點鐘)
- 5& Touch Right toe beside Left (Right knee turned in). Touch Right heel diagonally forward Right 右足趾併點(右膝向內), 右足踵右斜角點
- 6 Stomp forward on Right 右足前重踏
- 7& Touch Left toe beside Right (Left knee turned in). Touch Left heel diagonally forward Left 左足趾併點(左膝向內), 左足踵左斜角點
- 8 Cross step Left over Right 左足於右足前交叉踏
- Note: Counts 5 – 8 above Should Travel Slightly Forward
第5-8拍舞步會向前移動
- 第三段** **Vine 1/4 Turn Right. Step. Pivot 1/2 Turn Right. Step Forward. Right Forward Coaster. Left Coaster**
右轉1/4藤步, 踏右轉1/2, 前踏, 右前海岸步, 左海岸步
- 1&2 Step Right to Right side. Cross Left behind Right. Turn 1/4 turn Right stepping forward on Right
右足右踏, 左足於右足後交叉踏, 右轉90度右足前踏
- 3&4 Step forward on Left. Pivot 1/2 turn Right. Step forward on Left
左足前踏, 右轉180度, 左足前踏
- 5&6 Step forward on Right. Step Left beside Right. Step back on Right
右足前踏, 左足併踏, 右足後踏
- 7&8 Step back on Left. Step Right beside Left. Step forward on Left. (Facing 3 o'clock) 左足後踏, 右足併踏, 左足前踏
- 第四段** **Right Lock Step Forward. Triple Full Turn Right. Right Mambo Forward. Left Shuffle 1/2 Turn Left**
右前鎖步, 右三步轉圈, 右前曼波, 左轉1/2交換步
- 1&2 Step forward on Right. Lock step Left behind Right. Step forward on Right 右足前踏, 左足於右足後鎖踏, 右足前踏

- 3&4 Travelling Forward...Left triple step turning Full turn Right stepping Left. Right. Left 向前移...小三步右轉圈-左, 右, 左
Easier option: Counts 3&4 above...Left Lock Step Forward
簡易版:左前鎖步
- 5&6 Rock forward on Right. Rock back on Left. Step back on Right
右足前下沉, 左足後下沉, 右足後踏
- 7&8 Travelling Back...Left shuffle turning 1/2 turn Left stepping Left. Right. Left. (Facing 9 o'clock)
向後移...左轉換180度-左, 右, 左(面向9點鐘)

ENDING: When dancing to the music "Don't Pretend With Me"...Dance ends on Counts 31&32 of Wall 6 To end Facing Front Wall, replace Left Shuffle 1/2 Turn Left with ... Left Triple Full Turn Left (on the spot)
結束時, 最後轉交換180度, 改成左轉圈
