

# And Just Lay Low

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Easy Intermediate  
编舞者: Pascal Dhorne (FR) - December 2014  
音乐: Lay Low - Josh Turner



Count: Start after 32 counts

## [1-8] □SIDE, BEHIND, STEP WITH ¼ TURN R, STEP L, ¼ TURN R, WALK (X3)

1-2            step right to the right, left behind right  
3-4            ¼ turn right, step forward on right, step forward on left  
5-6            ¼ turn right on both balls, step forward on left  
7-8            Step forward on right, step forward on left

## [9-16] □ROCK STEP, RECOVER, SHUFFLE BACKWARD WITH ¼ TURN RIGHT CROSS, SIDE, SAILOR WITH ¼ TURN LEFT

1-2            Step right forward, recover weigh on left  
3&4            Step right to right side, step left next to right making a ¼ turn right, step right to right side  
5-6            Cross left over right, step right to right side.  
7&8            Cross L behind R, turn ¼ L stepping R a small step to R side (&), step L to left.

## [17-24] CROSS, POINT (TWICE), JAZZ BOX WITH ¼ TURN RIGHT

1-2            Cross right over left, touch left toe to left side  
3-4            Cross left over right, touch right toe to right side  
5-6            Cross right over left, step back on left,  
7-8            step right to right side making a ¼ turn right, step left over right.

## [25-32] □ROCK STEP, RECOVER, TRIPPLE HALF TURN, STEP, FULL TURN, TOUCH,

1-2            Step forward on right, recover onto left  
3-4            Shuffle ½ turn R stepping R, L, R  
5-6            Step left forward, make 1/2 turn left stepping back on right,  
7-8            make 1/2 turn left stepping forward on left, touch right beside left,

Taglet/Restart: on wall 4 (9h) Replace the sailor ¼ turn by ½ turn and Restart after 16 count

Tag: After wall 9: (6 o'clock)

## [1-8] STEP TURN ½ LEFT (TWICE)

1-2            Step Right forward, turn ½ left  
3-4            Step Right forward, turn ½ left

You're facing 12 o'clock and restart the dance

HAVE FUN

Contact : [pdhorne@gmail.com](mailto:pdhorne@gmail.com)