

For The Lovers (獻給所有戀人) (zh)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Craig Bennett (UK) - 2010年05月
音乐: All the Lovers - Kylie Minogue



第一段 Side rock, Cross shuffle, Step hitch, Step point 右下沉 回復, 交叉交換, 踏 抬, 踏點

- 1-2 Right side rock, recover onto left
右足右下沉, 左足回復
- 3&4 Cross right over left, step left to left side, cross right over left
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏
- 5-6 Step left foot forward slightly to an angle, Hitch right knee up
左足面向斜角前踏, 右膝抬
- 7-8 Step back onto right still slightly to angle, Point left toe to left side 右足仍面向斜角後踏, 左足趾左點

第二段 Cross point, ½ Monterey turn, Cross side, Behind side cross 交叉 點, 1/2蒙特瑞轉, 交叉 左踏, 後 旁 前交叉

- 1-2 Cross left over right making 1/8 turn to side wall (9.00), point right to right side
左足於右足前交叉踏轉45度面向正牆(面向9點鐘), 右足右點
- 3-4 Make ½ turn right, stepping right next to left, Point left to left side
右轉180度, 右足併踏, 左足左點
- &5-6 Step left in place, Cross right over left, Step left to left side
左足踏, 右足於左足前交叉踏, 左足左踏
- 7&8 Step right behind, Step left to left side, Cross right over left
右足後踏, 左足左踏, 右足於左足前交叉踏

第三段 Rock recover, Sailor ¼ turn, Step 1/2, Right shuffle forward 左下沉 回復, 1/4轉水手, 踏 轉, 前交換

- 1-2 Rock left to left side, Recover onto right
左足左下沉, 右足回復
- 3&4 Step back onto left making ¼ turn, step right in place, Step forward onto left 左轉90度左足後踏, 右足踏, 左足前踏
- 5-6 Step forward onto right, ½ turn pivot left
右足前踏, 左軸轉180度
- 7&8 Step forward onto right, close left in place, Step forward right
右足前踏, 左足併踏, 右足前踏

第四段 Step lock, Left shuffle, ½ pivot, ¼ rock recover touch 踏 鎖, 前交換, 踏 轉, 1/4右下沉 回復 點

- 1-2 Step forward onto left, Lock right behind left
左足前踏, 右足於左足後鎖踏
- 3&4 Step forward onto left, Step right next to left, Step forward onto left
左足前踏, 右足併踏, 左足前踏
- 5-6 Step right foot forward ½ turn pivot left
右足前踏, 左軸轉180度
- 7&8 ¼ rocking right to right side, recover onto left, touch right next to left 左轉90度右足右下沉, 左足回復, 右足併點

第五段 Rock recover, Behind side cross, Rock recover, Behind side cross
右下沉 回復, 後 旁 前交叉, 左下沉 回復, 後 旁 前交叉

- 1-2 Rock right to right side, Recover onto left
右足右下沉, 左足回復
- 3&4 Step right behind left, Step left to left side, Cross right over left
右足於左人後踏, 左足左踏, 右人於左足前交叉踏
- 5-6 Rock left to left side, recover onto right
左足左下沉, 右足回復
- 7&8 Step left behind right, Step right to right side, Cross left over right
左足於右足後踏, 右足右踏, 左足於右足前交叉踏

第六段 Step ½ turn pivot x2, Rock recover, ¼ side shuffle

- 1-2 Step forward right ½ turn pivot 右足前踏, 左軸轉180度
- 3-4 Step forward right ½ turn pivot 右足前踏, 左軸轉180度
- 5-6 Rock forward onto right, recover back onto left
右足前下沉, 左足回復
- 7&8 ¼ turn stepping right to right side, step left next to right, step right to right side 右轉90度右足右踏,
左足併踏, 右足右踏

第七段 Cross side, Behind side cross, Rock recover, Behind side cross
交叉 右踏, 後 旁 前交叉, 右下沉 回復, 後 旁 前交叉

- 1-2 Cross left over right, Step right to right side
左足於右足前交叉踏, 右足右踏
- 3&4 Cross left behind, Step right to right side, Cross left over right
左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏
- 5-6 Rock right to right side, Recover onto left
右足右下沉, 左足回復
- 7&8 Step right behind left, Step left to left side, Cross right over left
右足於左足後踏, 左足左踏, 右足於左足前交叉踏

第八段 Rock recover, Lock step back, ¼ touch, ¼ touch
左下沉 回復1/4, 後鎖步, 1/4 點, 1/4 點

- 1-2 Rock left to left side, Recover onto right making ¼ turn right
左足左下沉, 右足回復右轉90度
- 3&4 Step back onto left, Lock right in front of left, Step back onto left
左足後踏, 右足於左足前鎖踏, 左足後踏
- 5-6 Make ¼ turn right stepping right to right side, Touch left in place
右轉90度右足右踏, 左足點
- 7-8 Make ¼ turn left stepping left foot forward, Touch right in place
左轉90度左足前踏, 右足點
-