墥数： 2
级数：Phrased Improver
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音乐：Xi Hai Qing Ge（西海情歌）


Sequence ：A，A，B，B，Tag1，A，B，B，Tag2，A，Tag2，B，B Introduction： 36 counts

## Part A： 32 counts

［1－8］$\square W A L K ~ F O R W A R D ~ x ~ 2, ~ M A M B O ~ F O R W A R D, ~ W A L K ~ B A C K ~ x ~ 2, ~ M A M B O ~ B A C K ~$
$123 \& 4$ Step RF forward，step LF forward，rock RF forward，recover onto LF，step RF beside LF
56 7\＆8 Step LF back，step RF back，rock LF back，recover onto RF，step LF beside RF
［9－16］GRAPEVINE RIGHT，SIDE，RECOVER，CROSS，GRAPEVINE LEFT，SIDE， $1 / 4$ TURN RIGHT， RECOVER，FORWARD
1\＆2\＆Step RF to right side，cross step LF behind RF，step RF to right side，cross step LF over RF
3\＆4
5\＆6\＆
7\＆8
Step RF to right side swaying hips right，recover onto LF，cross step RF over LF
Step LF to left side，cross step RF behind LF，step LF to left side，cross step RF over LF
Step LF to left side swaying hips left，make $1 / 4$ turn right recovering onto RF，step LF forward （3：00）
［17－24］$\square$ CHARLESTON，SHUFFLE FORWARD， $1 / 2$ TURN RIGHT，LOCK STEP BACK
1\＆2 Touch RF forward，sweep RF back，step RF back
3\＆4 Touch LF back，sweep LF forward，step LF forward
5\＆6 Step RF forward，bring LF up to the heel of RF，step RF forward
7\＆8
Make 1／2 turn right stepping LF back，bring RF back to the toes of LF，step LF back（9：00）
［25－32］$\square$ ROCK BACK，RECOVER，SIDE，RECOVER，FORWARD，SIDE，RECOVER，FORWARD， FORWARD，1／4 TURN LEFT，STOMP
12 Rock RF back，recover on LF
$3 \& 4 \quad$ Rock RF to right side，recover on LF，step RF forward
5\＆6 Rock LF to left side，recover on RF，step LF forward
7\＆8 Step RF forward，make 1／4 turn left（weight on LF），stomp RF next to LF（6：00）
Part B ： 28 counts
［1－8］$\square S H U F F L E$ FORWARD， $1 / 2$ TURN LEFT，SHUFFLE FORWARD， $1 / 4$ TURN RIGHT，SHUFFLE FORWARD，1／2 TURN LEFT，SHUFFLE FORWARD
1\＆2 Step RF forward，bring LF up to the heel of RF，step RF forward
3\＆4 Make 1／2 turn Left stepping LF forward，bring RF up to the heel of LF，step LF forward（6：00）
5\＆6 Make 1／4 turn right stepping RF forward，bring LF up to the heel of RF，step RF forward （9：00）
Make 1／2 turn left stepping LF forward，bring RF up to the heel of LF，step LF forward（3：00）
［9－16 $\square$ ］（BIG STEP，CROSS BEHIND，RECOVER）＊2， $1 / 4$ TURN LEFT，（BIG STEP，CROSS BEHIND， RECOVER）x2
$12 \& \quad$ Step big step to right side on RF，cross step LF slightly behind RF，recover onto RF
$34 \& \quad$ Step big step to left side on LF，cross step RF slightly behind LF，recover onto LF
$56 \& \quad$ Make $1 / 4$ turn left stepping big step to right side on RF，cross step LF slightly behind RF， recover onto RF（9：00）
7 8\＆Step big step to left side on LF，cross step RF slightly behind LF，recover onto LF
［17－24］DDIAGONAL ROCKING CHAIR，SIDE，RECOVER，CROSS，DIAGONAL ROCKING CHAIR，SIDE， RECOVER，CROSS LF

## [25-28][1/2 TURN RIGHT JAZZ BOX

1-4 Cross step RF over LF, make $1 / 4$ turn right stepping LF back, make $1 / 4$ turn right stepping RF to right side, step LF next to RF (3:00)

Tag 1: 16 counts
[1-8]D(STEP FORWARD, SCUFF FORWARD)x4, (1/4 RIGHT FORWARD, LOCK)x3, $1 / 4$ RIGHT FORWARD
1\&2\& Step RF forward, scuff LF forward, step LF forward, scuff RF forward
3\&4\& Step RF forward, scuff LF forward, step LF forward, scuff RF forward
5\&6\& Make $1 / 4$ turn right stepping RF forward, lock LF behind RF, make $1 / 4$ turn right stepping RF forward, lock LF behind RF (6:00)
7\&8 Make $1 / 4$ turn right stepping RF forward, lock LF behind RF, make $1 / 4$ turn right stepping RF forward (12:00)

1\&2\& Step LF back, step RF next to LF, step RF back, step LF next to RF
3\&4\& Step LF back, step RF next to LF, step RF back, step LF next to RF
5\&6\& make $1 / 4$ turn left stepping LF forward, lock RF behind LF, make $1 / 4$ turn left stepping LF forward, lock RF behind LF (6:00)
7\&8 Make $1 / 4$ turn left stepping LF forward, lock RF behind LF, make $1 / 4$ left turn stepping LF forward (12:00)

Tag 2: 4 counts
[1-4]DSTEP, TOUCH, STEP, TOUCH
1-4 Step RF to right side, touch LF next to Rf, step LF to left side, touch RF next to Lf

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