

Fire On Ice (冰上火) (zh)

COPPER KNOB
STEPSHETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Kate Sala (UK) - 2008年04月
音乐: Why This Kiss - Mark Medlock



- 第一段** **Cross, Back, Side, Forward Rock, Recover, ½ Turn L, Step Pivot ½ turn L.** 交叉, 後, 側, 前下沉, 回復, 左轉1/2, 踏左轉1/2
- 1 2 3 Cross step R over L. Step back on L. Step R out to R side.
右足於左足前交叉踏, 左足後踏, 右足右踏
- 4 5 6 Rock forward on L. Rock back on R. Turn ½ L stepping forward on L.
左足前下沉, 右足後下沉, 左轉180度左足前踏
- 7 8 Step forward on R. Pivot ½ turn L.
右足前踏, 左轉180度
- 第二段** **Chasse R With ¼ Turn R, Step Pivot ¾ Turn R, Weave L, Chasse L With ¼ Turn L.** 右追步右轉1/4, 踏右轉3/4, 左藤步, 左追步左轉1/4
- 1 & 2 Step R to R side. Step L in next to R. Step R to R side with ¼ turn R. 右足右踏, 左足併踏, 右足右踏右轉90度
- 3 4 Step forward on L. Pivot ¾ turn R.
左足前踏, 右轉270度
- 5 6 Step L to L side. Cross step R behind L.
左足左踏, 右足於左足後交叉踏
- 7 & 8 Step L to L side. Step R in next to L. Turn ¼ L stepping forward on L. 左足左踏, 右足併踏, 左轉90度左足前踏
- 第三段** **Rock Step, Shuffle ½ Turn R, Shuffle ½ Turn R, Rock Back.**
下沉, 右轉1/2交換, 右轉1/2交換, 後下沉
- 1 2 Rock forward on R. Rock back on L. 右足前下沉, 左足後下沉
- 3 & 4 Turn ¼ R stepping R to R side. Step L next to R. Turn ¼ R stepping forward on R. 右轉90度右足右踏, 左足併踏, 右轉90度右足前踏
- 5 & 6 Turn ¼ R stepping L to L side. Step R next to L. Turn ¼ R stepping back on L. 右轉90度左足左踏, 右足併踏, 右轉90度左足後踏
- 7 8 Rock back on R. Rock forward on L. 右足後下沉, 左足前下沉
- 第四段** **Step ¼ Turn L, Touch, Step Back ¼ R, Touch, Turn ¼ R side step, Touch, Turn ¾ L.** 踏左轉1/4 點 右轉1/4後踏 點 右轉1/4側踏 點 左轉3/4
- 1 2 Turn ¼ L stepping R to R side. Touch L toe next to R instep.
左轉90度右足右踏, 左足趾併點
- 3 4 Turn ¼ R stepping back on L. Touch R next to L instep.
右轉90度左足後踏, 右足併點
- 5 6 Turn ¼ R stepping R to R side. Touch L next to R instep.
右轉90度右足右踏, 左足併點
- 7 8 Turn ¼ L stepping forward on L. Turn ½ L stepping back on R.
左轉90度左足前踏, 左轉180度右足後踏
- 第五段** **Shuffle ½ L, Cross, Side Touch, Kick, Cross, Touch, Monterey ½ Turn R.** 左轉1/2交換, 交叉, 側點, 踢, 交叉, 點, 蒙特瑞右轉1/2
- 1 & 2 Turn ¼ L stepping L to L side. Step R next to L. Turn ¼ L stepping forward on L. 左轉90度左足左踏, 右足併踏, 左轉90度左足前踏
- 3 4 Cross step R over L. Touch L to L side.
右足於左足前交叉踏, 左足左點
- 5 & 6 Kick L forward. Cross step L over R. Touch R to R side.
左足前踢, 左足於右足前交叉踏, 右足右點
- 7 8 Pivot ½ turn R on L Stepping R in next to L. Touch L to L side.
右轉180度右足併踏, 左足左點

第六段 Kick, Cross, Touch, Hitch, Ball, Cross, Sway R, L, Weave L.
踢, 交叉, 點, 抬, 原地, 交叉, 擺臀 右, 左, 左藤步

1 & 2 Kick L forward. Cross step L over R. Touch R to R side.
左足前踢, 左足於右足前交叉踏, 右足右點

3 & 4 Hitch R knee. Step down on ball of R. Cross step L over R.
右膝蓋抬起, 右足踏, 左足於右足前交叉踏

5 & 6 Step R to R side swaying hip R. Sway hips L.
右足右踏右擺臀, 左擺臀

7 & 8 Cross step R behind L. Step L to L side. Cross step R over L.
右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏

第七段 Step on L Diagonal, Heel Switches x 2, Step pivot ½ Turn, Turn 1/8 L, Weave R. 左斜角線踏, 二次踵交換, 踏轉1/2, 左轉1/8, 右藤步

1 Step L forward to L diagonal. 左足左斜角線前踏

2 & 3 Dig R heel forward. Step R in next to L. Dig L heel forward.
右足踵前踏, 右足併踏, 左足踵前踏

& 4 5 Step L in next to R. Step forward on R. Pivot ½ turn L.
左足併踏, 右足前踏, 左轉180度

6 7 8 Turn 1/8 L stepping R to R side. Cross step L behind R. Step R to R side [Now facing 6 o'clock.]
左轉45度右足右踏, 左足於右足後交叉踏, 右足右踏(面向6點鐘)

第八段 Shuffle Forward on R Diagonal, Heel Switches x 2, Step Pivot to 3 O'clock, Turn ¼ L.
右斜角線前交換, 踵交換二次, 踏左轉3/4至3點鐘方向

1 & 2 Shuffle forward towards back wall diagonal R on L, R, L.
右前斜角線交換步 左, 右, 左

3 & 4 Dig R heel forward. Step R next to L. Dig L heel forward.
右足踵前點, 右足併踏, 左足踵前點

& 5 6 Step L in next to R. Step forward on R. Pivot L to [face 3 O'clock wall]. 左足併踏, 右足前踏, 左轉至3點鐘方向

7 8 Turn ½ L stepping back on R. turn ¼ L stepping L to L side.
左轉180度右足後踏, 左轉90度左足左踏

TAG: After wall 1 and wall 3 facing the back wall both times.

第一面牆及第三面牆面向後面時

Jazz Box 爵士方塊

1 2 3 4 Cross step R over L. Step back on L. Step R to R side. Step forward on L. 右足於左足前交叉踏, 左足後踏, 右足右踏, 左足前踏

Then start the dance again from the beginning 從頭起跳
