

Saved

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Marlène De Preez (BEL) - August 2014
音乐: Saved - Stage Sound Unlimited : (Album: Smokey Joe's Café)



Intro: 16 counts

[1-8] □ Rock/recover, cross shuffle, rock ¼ turn right, shuffle forward

1-2 Right rock (1) - Recover left (2)
3&4 Cross right over left (3) - Step left to left side (&) - Cross right over left (4)
5-6 Rock left (5) - Recover right doing ¼ turn right (6) (03:00)
7&8 Shuffle forward (left-right-left)

[9-16] Kick ball cross (2x), chasse right, cross point unwind ¾ turn right □ □

1&2 Kick right forward (1) - Step right next to left (&) - Cross left over right (2)
3&4 Kick right forward (3) - Step right next to left (&) - Cross left over right (4)
5&6 Right chasse
7-8 Cross point left over right (7) - Unwind ¾ turn right (ends on left) (8) □ (12:00)

[17-24] □ Back rock, wizard step right, step ½ turn right, triple ½ turn right

1-2 Right back rock (1) - Recover left (2)
3-4 Step right diagonally forward right (3) - Lock left (4)
&5-6 Step right forward (&) - Step left forward (5) - Pivot ½ turn right (6) □ (06:00)
7&8 Triple ½ right □ □ □ □ □ (12:00)

[25-32] □ Back rock, step forward, scuff, walk right-left, run left-right-left

1-2 Right back rock (1) - Recover left (2)
3-4 Step right forward (3) - Scuff left (4)
5-6 Step left forward (5) - Step left forward (6)
7&8 Run forward (left-right-left)

Restart Wall 1 - Start the dance again from the beginning (facing 12:00)

[33-40] □ Step right back, point left next to right, step left back, point right next to left, step right back, point left next to right, step ¼ turn right, point right next to left

1-2 Right step back (1) - Point left next to right (2)
3-4 Left step back (3) - Point right next to left (4)
5-6 Right step back (5) - Point left next to right (6)
7-8 Left step left doing ¼ turn right (7) - Point right next to left (8) □ □ (03:00)

[41-48] □ Right step, left lock, shuffle forward, ¼ turn right step left, right lock, shuffle forward

1-2 Right step forward (1) - Cross left behind right (2)
3-4 Shuffle forward (right-left-right)
5-6 ¼ turn right stepping left forward (5) - Cross right behind left (6) □ □ (06:00)
7&8 Shuffle forward (left-right-left)

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Last Update - 11th Dec 2014