

A Sparkle Of Love

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Easy Novice
编舞者: Sebastiaan Holtland (NL) - November 2014
音乐: Sparkle - Derek Ryan : (CD: Made Of Gold 2011)



#32 count intro, start dancing at vocals (12 sec). (No Tags, No Restarts)

[1-8] Stamp, Out, Back, Hold, Back, ¼ R, Side, step, Hold.

1-4 Stamp Rt right slightly fwd, step Lt out to left, step Rt back, Hold.
5-8 Step Lt back, turn ¼ right (3) step Rt to the right, step Lt slightly fwd, Hold.

[9-16] Down Kick, Knee Lift, Side Kick, Knee Lift, Behind, ¼ L, Side, Stamp Together, Hold.

1-4 Kick R down, lift R knee up, kick R out to right, lift R knee up.
5-8 Step Rt behind Lt, turn ¼ left (12) step Lt to the left, stamp Rt together Lt, Hold.

[17-24] R Heel Strut Fwd, Out, Hold, R Toe Fan, Replace, L Toe Fan, ¼ L, Replace.

1-4 Step Rt slightly fwd on heel, step Rt toes back in place, step Lt out to left, Hold.
5-8 Fan R toe out to right, toe back to center, fan L toe out to left, turn ¼ left (9) step back in place.

[25-32] Runs Fwd R-L, Out, Hold, Twist R Heel Up, Replace, Touch Together, Hold.

1-4 Run Rt fwd, run Lt fwd, step Rt out to right, Hold.
5-8 Twist R heel up to front holding toe in contact with the floor, replace, touch Lt together Rt, Hold.

[33-40] Side, Shimmy, Together, Hold, Side, Together, ¼ L, Step, Hold.

1-4 Step left to left, drag Rt toward left, step Rt together Lt, Hold.

(Shimmy shoulders as you drag)

5-8 Step Lt to the left, step Rt together Lt, turn ¼ left (6) step Lt forward, Hold.

[41-48] Point Fwd, Hold, Point Side, Hold, Behind, ¼ L, Side, Stamp, Hold.

1-4 Point Rt fwd, Hold, point Rt out to right, Hold.
5-8 Step Rt behind Lt, turn ¼ left (3) step Lt to the left, stamp Rt together Lt, Hold.

[49-56] Hip Push R, Hold, Hip Push L, Hold, Hip Bumps R-L-R, Hold.

1-4 Step Rt to right push R hip out to right, Hold, push L hip out to left, Hold.
5-8 Bump R hip to right, bump L hip to left, bump R hip to right, Hold.

[57-64] Step Knee Bend, Shimmy, Together, Hold, Back, ¼ R, Side, Step, Hold.

1-4 Step Lt slightly fwd and bending Knee slightly, coming up and step Rt together Lt, Hold.

(Shimmy shoulders as you bend)

5-8 Step Lt back, turn ¼ right (6) step Rt to the right, step Lt slightly fwd, Hold.

Start again and have fun!

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