

Simply

拍数: 48 墙数: 4 级数: Improver
编舞者: John Sandham (ES) & Krys Myerscough (ES) - November 2014
音乐: If You Don't Know Me By Now - Simply Red



(Start on vocals)

Alt Song: You look so good in love by George Strait

Sec1: ¼ turn Forward- ¼ turn Back.

1 2 3 Waltz ¼ Lt Forward on Left-right-left (9 o'clock)

4 5 6 Waltz ¼ back on Right-Left-right (6 o'clock)

Sec 2: ¼ turn forward- then back.

1 2 3 Waltz ¼ Lt Forward on Left-Right-Left (3 o'clock)

4 5 6 Waltz Straight Back on Right-Left-Right (3 o'clock)

Sec 3: Twinkle left-1/2 turn Right

1 2 3 Cross Left over Right –Step Right to side-Step Left in place.

4 5 6 Cross Right over Left-make a ½ turn right stepping on left-then right.

Sec 4: Repeat sec 3 (you will now be facing 3 o'clock)

Sec 5: Waltz Left forwards- Right back.

1 2 3 Walk Forward on Left-Right-Left.

4 5 6 Walk Back on right-Left-right.

Sec 6: Twinkle Left. Then right.

1 2 3 Cross Left over Right-Step Right to Side-Step Left in place.

4 5 6 Cross Right over left-step Left to side-Step Right in place.

Sec 7: weave to right. Step Slide to Right.

1 2 3 Cross Left over Right-Step Right to side-Cross Left Behind Right.

4 5 6 Long step to Right on right-slide Left up to Right on 5 6 (no weight on It)

Sec 8: Roll Full turn Left. Cross Rock step.

1 2 3 Make a Full Turn to Left Side on left-Right-Left.

4 5 6 Cross Rock right over Left-Recover weight on Left-step Right next To Left (3 0'clock)

Contact: sandham454@btinternet.com