

# Frenesi (Frenzy)

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
编舞者: Amy Yang (TW) - December 2014  
音乐: Frenesi(Frenzy) – Cliff Richard



**Intro : 20 counts - No Tag, No Restart**

**Sec . 1: SIDE, TOGETHER, FORWARD, TOUCH, FULL ROLLING TURN, POINT**

1 - 4            Step RF to R, Step LF together, Step RF forward, Touch LF together and hip bumps  
5 - 8            1/4 turn L stepping forward on LF, 1/2 turn L stepping back on RF, 1/4 turn stepping Lf to L,  
                  Point RF to R

**Sec . 2: SIDE, TOGETHER, SIDE CHASSE, CROSS, RECOVER, 1/4 TURN L SHUFFLE**

1 - 2            Step RF to R, Step LF together  
3 & 4            Step RF to R, Step LF together, Step RF to R  
5 - 6            Cross LF over RF, Recover onto RF  
7 & 8            1/4 turn L step forward on LF, Lock RF behind LF, Step LF forward (09:00)

**Sec . 3: FORWARD, LOCK, FORWARD SHUFFLE, FORWARD, RECOVER, 1/2 TURN FORWARD SHUFFLE**

1 - 2            Step RF forward, Lock LF behind RF  
3 & 4            Step RF forward, Lock LF behind RF, Step RF forward  
5 - 6            Step LF forward, Recover onto RF  
7 & 8            1/2 turn L stepping forward on LF, Lock RF behind RF, Step LF forward (03:00)

**Sec. 4: WALK FORWARD(R,L), FORWARD SHUFFLE, FORWARD, RECOVER,**

1 - 2            Step RF forward, Step LF forward  
3 & 4            Step RF forward, Lock LF behind RF, Step RF forward  
5 - 8            Step LF forward, Recover onto RF, Big step back on LF, Drag RF to LF

**Start Again**

**Have Fun & Happy Dancing!**

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