

A Waltz for Megan

COPPER **NOB**
BY STEPHEN

拍数: 48 墙数: 2 级数: Improver
编舞者: Sue Wilson (NZ) - November 2010
音乐: Amazing Grace - The Sporrans Brothers



No Tags or Restarts

Cross Waltz , Cross, ¼R Bck, ½ R Fwd, L Waltz Fwd, R Slow Coaster

1 – 3 L Cross, Step R beside L, Step L beside R
4 – 6 R Cross in front, ¼ R Step Bck, ½ R Step Fwd
1 – 3 L Waltz Step Fwd,
4 – 6 R Slow Coaster, [Step Back, Close L Beside R, Step R Fwd]

L Fwd, Pivot ¼ R, Cross, R Weave, L Cross Pt R, HOLD, R Behind, Sweep L to Bck

1 – 3 L Step Fwd, Pivot ¼ R, L Cross over R
4 – 6 Weave to Right – [R Side, Behind, Side]
1 – 3 L Cross over R, Point R to Side, HOLD
4 – 6 R Cross Behind, Sweep L Foot out and behind L [2cts]

L Back, Rock, Step, R Fwd, Rock , ¼ R Side, Cross, ¼ L Bck, ½ L Fwd, R Fwd Waltz

1 – 3 L Step Back, Rock Fwd onto R, Step L Fwd
3 – 6 R Step Fwd, Rock Back onto L, ¼ R Stepping R to Side
1 – 3 L Cross in Front, ¼ L Step Back, ½ L Step Fwd
4 – 6 R Waltz Step Fwd

L [L Diag] Back, Cross, Back, R [Diag] Back, Cross, Back, L Slow Coaster, Step Sweep

1 – 3 L [Diagonal] Step Back, Cross R over L, L Step Back
4 – 6 R [Diagonal] Step Back, Cross L over R, R Step Back
1 – 3 L Step Back, R Close together, L Step Fwd
4 – 6 R Long Step Fwd, Sweep L Foot out and in front R [2cts]

I dedicate this dance to my Mum, who has supported me with my dancing in every way.
Use your arms to flow with the dance and feel the music. Enjoy.

Contact - Email: sioux.wilson@yahoo.com.au