

Mountain Man

拍数: 64 墙数: 2 级数: Intermediate
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音乐: Mountain Man - Dean Brody



Intro : 32 counts

[1-8] RIGHT VINE, HOOK 1/2 TURN, LEFT VINE, STOMP- UP

1-3 Right step to the right, left cross behind right, right step to the right
4 ½ turn right with left Hook cross behind right leg 6 :00
5-8 Left step to the left, right cross behind left, left to left, Stomp-up right next to left
* RESTART 1

[9-16] MONTEREY 1/4 TURN, PIGEON TOE

1-2 Point right to right, ¼ turn right stepping right next to left
3-4 Point left to left, left step together 9 :00
5-8 Pigeon toe travelling to right side : Toes OUT, Toes IN & Heels OUT (X 2)

[17-24] KICK, CROSS STOMP, SIDE POINT, TOGETHER, MONTEREY 1/4 TURN

1-2 Kick right fwd, Stomp right cross over left
3-4 Point left to left, left next to right
* ¼ TURN + RESTART 2
5-8 Point right to right, ¼ turn right & right together, point left to left, left together 12 :00

[25-32] STEP LOCK STEP DIAGONALLY FWD, SIDE TOUCH, ROLLING VINE, STOMP-UP

1-4 Right step diagonally right fwd, "lock" left cross behind right, right fwd, point left to left
5-8 ¼ turn left & left step fwd, ½ turn left & right step back, ¼ turn left & left to left, Stomp-up R

[33-40] BACK LOCK, BACK ROCK STEP, TOE STRUT ½ TURN, TOE STRUT ½ TURN

1-2 Right step diagonally right back, "lock" left cross over right
3-4 Jumping : Rock step right back, recover on left
* RESTART 3
5-8 ½ turn left & Toe strut right back, ½ turn left & Toe strut left fwd
Option for 5-8 : Toe strut right fwd, Toe strut left fwd without turn!

[41-48] ROCK FWD, 1/2 TURN & TOE STRUT, 1/2 TURN & TOE STRUT, 1/4 TURN & TOE STRUT

1-2 Rock step right fwd, recover on left
3-6 ½ turn R & Toe strut right fwd, ½ turn R & Toe strut left back 12:00
7-8 ¼ turn right & Toe strut right to right side 3:00

[49-56] TOUCH TOE BACK, SIDE KICK, HOOK, SIDE, KICK, HOOK, KICK, TOUCH BACK

1-4 Touch left toe cross behind right, Kick left to left, Hook left over right leg, left step to left
5-8 Kick right fwd, Hook right, Kick right fwd, Touch right toe back

[57-64] 1/4 TURN & KICK, HOOK, STOMP FWD, STOMP, SWIVET LEFT, SWIVET RIGHT, HOOK

1-4 ¼ turn right & Kick right fwd, Hook right, Stomp right fwd, Stomp left to left 6 :00
5-6 Swivet left (swivel left toe to left & right heel to right), recover to the center
7-8 Swivet right (swivel right toe to right & left heel to left), recover to center with right Hook back

RESTART 1 : On walls 2 & 6 at 12 :00 after 8 counts

RESTART 2 : On wall 4 after 20 counts

You'll be at 3:00 at the count 19 (touch left toe to left), Turn ¼ left on count 20 with left together, then Restart at the beginning at 12:00

RESTART 3 : On wall 9 at 12 :00 after 36 counts

Wall 1 at 12:00 : 64c – Wall 2 at 6:00 : 8c – Wall 3 at 12:00 : 64c – Wall 4 at 6:00 : 20c – Wall 5 at 12:00 : 64c
Wall 6 at 6:00 : 8c – Wall 7 at 12:00 : 64c – Wall 8 at 6:00 : 64c – Wall 9 at 12:00 : 36c – Wall 10 at 12:00 :
64c...

All Restarts are at 12:00 !!! ENJOY!!
