

Hey Lover

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Kathryn Sloan (AUS) & Kelvin Dale (AUS) - November 2014
音乐: Waited Too Long - George Sich : (Album: George Spade & the foxin' hounds -
Version 1 - 3:46)



(Music available online at georgesich.bandcamp.com)

Starts 16 counts in on the word 'baby', with weight on left □ 104 BPM

[1 – 8] Side rock, replace, cha cha cha (R,L,R), Side rock , replace, cha cha cha (L,R,L)* (12.00)

1,2,3&4 Step/rock R to right side, replace weight to L, step R beside L, step L in place, step R in place

5,6,7&8 Step/rock L to left side, replace weight to R, step L beside R, step R in place, step L in place

[9 – 16] Paddle 1/4 left, cha cha cha (R,L,R) , paddle 1/4 right, cha cha cha (L,R,L) (12.00)

1,2,3&4 Step R forward, turning 90 left replace weight to L, step R beside L, step L in place, step R in place

5,6,7&8 Step L forward, turning 90 right replace weight to R, step L beside R, step R in place, step L in place

[17 – 24] Side rock, replace, cross, shuffle, side rock, replace, cross, shuffle (12.00)

1,2,3&4 Step/rock R to right side, replace weight to L, cross R over L, step L to left side, cross R over L

5,6,7&8 Step/rock L to left side, replace weight to R, cross L over R, step R to right side, cross L over R

[25 – 32] Side, together, side shuffle, side, together ¼ shuffle (9.00)

1,2,3&4 Step R to right side, slide L beside R, step R to right side, step L beside R, step R to right side

5,6,7&8 Step L to left side, step R beside L, turning 90 left step L forward, step R beside L, step R forward

Repeat

Tag: At the end of wall 5, add a 4 count rocking chair

1,2,3,4 Rock R forward, replace weight to L, rock R back, replace weight to left

Restart: Wall 8 – dance the first 8 counts* and restart the dance

This dance was especially choreographed for the RED HOT & COUNTRY annual fundraiser 2014 – raising money for Men's Health Issues.

Thank you to George Sich for being a part of our special night

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