

# FUnK U Up

COPPER KNOB  
STEPPERS

拍数: 64      墙数: 2      级数: High Intermediate  
编舞者: Junior Willis (USA), Brandon Zahorsky (USA), Scott Schrank (USA) & Sandy Rohrback Garrish (USA) - November 2014  
音乐: Uptown Funk (feat. Bruno Mars) - Mark Ronson : (iTunes)



Phrasing: 32-Count Into. 17 seconds in. Tag at the end of second rotation. □

## [1-8] BACK, BACK, COASTER STEP, KICK-BALL-STEP, WALK, TOUCH

1-2            Step R ft back (1), Step L ft back (2)  
3&4           Step R ft back (3), Close L ft next to R ft (&), Step R ft forward (4)  
5&6           Kick L ft slightly forward (5), Step down on ball of L ft (&), Step R ft forward (6)  
7-8           Walk forward on L ft (7), Touch R toes next to L ft (8)

## [9-16] □BUMP UP, BUMP DOWN & KICK-BALL-POINT, KICK-CROSS-KICK-BALL-CROSS, STEP

1&2&          Bump hips right and up (1), Bring hips center (&), Bump hips right and down (2), Bring hips center (&)  
3&4           Kick R ft forward (3), Step down on ball of R ft (&), Point L toes left (4)  
5&6           Kick L ft low and slightly left (5), Cross hitch L ft over R ft (&), Kick L ft low and slightly left (6)  
&7-8          Step down on ball of L ft (&), Cross step R ft over L ft (7), Step L ft left and slightly forward (8)

## [17-24] SAILOR RIGHT, SAILOR 1/4 TURN, STEP, PIVOT 1/2, LONG STEP, TOUCH

1&2           Step R ft behind L foot (1), Step L ft slightly left (&), Step R ft diagonally right (2)  
3&4           Step L ft behind R foot (3), Make 1/4 turn left stepping R ft to L ft (&), Step L ft forward (4) (9:00)  
5-6           Step R ft forward (5), Pivot 1/2 turn left on balls of feet (6) (Weight the L foot) (3:00)  
7-8           Step R ft forward and long (7), Touch L toe next to R foot (8)

## [25-32] □MAMBO STEP, BACK, BACK, BEHIND-STEP-STEP-BEHIND-STEP-TURN-TOUCH

1&2           Rock forward on L foot (1), Recover weight to R foot (&), Step L ft back slightly past R ft (2)  
3-4           Step R ft back (3), Step L ft back (4)  
5&6&          Step R ft behind L ft (5), Step L ft forward (&), Step R ft forward (6), Step L ft behind R ft (&)  
7&8           Step R ft forward (7), Make 1/4 turn right stepping L ft left (&), Touch R toes next to L ft (8) (6:00)

## [33-40] □KNEE OUT, HOLD, IN-OUT, STEP, JAZZ BOX WITH CROSS

1-2           Touch R toes right with R knee bent (1), Hold (2)  
&3-4          Twist R knee in (&), Twist R knee out (3), Step down on R ft (4)  
5-8           Cross step L ft over R ft (5), Step R ft back (6), Step L ft left (7), Cross step R ft over L ft (8)

## [41-48] BODY ROLL, SHOULDER SWITCHES, STEP, ROCK FORWARD, STEP BACK, 1/4 TURN LEFT

1-2           In two counts, lead with your left shoulder and step L ft left (1-2) (R shoulder is down)  
&3-4          Bring R shoulder up and L shoulder down (&), Bring R shoulder down and L shoulder up(3)  
Bring R shoulder up and L shoulder down (4) (Bring shoulders level before next sequence)  
5-8           Step down on R ft (5), Step L ft forward slightly over R ft (6), Step back on R ft (7), Make 1/4 turn left □stepping L foot left (8) (3:00)

## [49-56] □STOMP RIGHT, HOLD, BOUNCE-BOUNCE-BALL-CROSS, ROCK, 1/4 TURN, STEP PIVOT 1/2

1-2           Stomp R ft right (1), Hold (2),  
&3&4          Bend knees bouncing down on heels (&), Repeat (3), Step down on ball of R ft (&), Cross L ft over R ft (4)  
5-6           Rock R ft slightly right (5), Make 1/4 turn left stepping L ft forward (6) (12:00)  
7-8           Step R ft forward (7), Pivot 1/2 turn left on balls of feet (8) (Weight is on the L ft) (6:00)

**[57-64] □ BALL-SLIDE, BALL-WALK, WALK, ROCK, RECOVER, SIDE-ROCOVER-BACK**

- &1-2 Step ball of R ft back (&), Step L ft back long (1) Slide R ft back past L ft (2)  
&3-4 Step down on ball of R ft (&), Step L ft forward (3), Step R ft forward (4)  
5-6 Rock forward on L ft (5), Recover weight to R ft (6)  
7&8 Rock L ft left (7), Recover weight to R ft (&), Step L ft slightly back (8)

**Start the dance again!**

**Tag: After the second full rotation, add the following 16 counts:**

**[1-8] □ BACK, BACK, COASTER STEP, OUT, OUT, BACK-BALL-HEEL**

- 1-2 Step R ft back (1), Step L ft back (2)  
3&4 Step R ft back (3), Close L ft next to R ft (&), Step R ft forward (4)  
5-6 Step L ft diagonally left (5), Step R ft diagonally right  
7&8 Step L ft slightly back (7), Step ball of R ft next to L ft (&), Touch L heel diagonally forward (8)

**[9-16] □ HOLD-BALL-TOE-BALL-HEEL-BALL-STEP, ROCK, RECOVER, 1/2 TURN LEFT**

- 1&2& HOLD (1), Step L ft home (&), Touch R toes to instep of L ft (2), Step R foot slightly back (&)  
3&4 Touch L heel diagonally forward (3), Step L ft home (&), Step R ft slightly forward (4)  
5-6 Rock L ft forward (6), Recover weight to R ft (6)  
7-8 Pivot 1/2 turn left on ball of R ft stepping forward on L ft (7), Touch R toes next to L (8)

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**Sandy Rohrback Garrish:**

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