

Cha Cha With My Heart

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner Cha Cha
编舞者: EWS Winson (MY) - November 2014
音乐: Quit Playing Games (With My Heart) - Backstreet Boys



Intro: 32 counts in (approx 19 seconds) (Clockwise)

1 (1-8) □ R Side, L Cross Rock & Recover, L Chasse ¼ (L), R Forward, Spiral Full (L), L Forward Shuffle

1-3 Weight on LF: Step RF to R side (1), cross rock LF over RF (2), recover weight on RF (3)
4&5 Step LF to L side (4), step RF beside LF (&), turn ¼ L stepping LF forward (5)
6-7 Step RF forward (6), make a full turn L ended with LF crossing over RF (7)
8&1 Step LF forward (8), step RF next to LF (&), step LF forward (1) [9.00]

2 (9-16) □ R Forward Rock & Sweep, R Weave 1/8 (L), L Rocking Chair, L Forward Mambo

2-3 Rock RF forward slightly crossing over LF (2), recover weight on LF while sweeping RF from front to back (3)
4&5 Cross RF behind LF (4), turn 1/8 L stepping LF to L side (&), step RF forward (5)
6&7& Rock LF forward (6), recover weight on RF (&), rock LF back (7), recover weight on RF (&)
8&1 Rock LF forward (8), recover weight on RF (&), step LF back (1) [7.00]

3 (17-24) □ R Behind ¼ (L), R Forward Shuffle, L Forward Rock 3/8 (L)

2-3 Cross RF behind LF (2), turn ¼ L stepping LF forward (3)
4&5 Step RF forward (4), step LF next to RF (&), step RF forward (5)
6-8 Rock LF forward (6), recover weight on RF (7), turn 3/8 L stepping LF forward (8) [12.00]

4 (24-32) □ R Paddle ¼ (L) With Hips Roll X2, ¼ (L) With R-L Side Triple

1-2 Step RF forward (1), turn ¼ L with hips roll anticlockwise (2)
3-4 Step RF forward (3), turn ¼ L with hips roll anticlockwise (4)
5-6& Turn ¼ L stepping RF to R side (5), step LF beside RF (6), step RF in place (&)
7-8& Step LF to L side (7), step RF beside LF (8), step LF in place (&) [3.00]

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