

God Made Girls

拍数: 32 墙数: 4 级数: Easy Intermediate
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音乐: God Made Girls - RaelLynn : (Single)



See also alternate suggestions below....

Intro: 16 counts; counterclockwise rotation; start weight on L

[1-8] □ WALK BACK, BACK, COASTER STEP, STEP- ¼ -CROSS, TOUCH R OUT-IN, LIFT HIP UP-DOWN

1-2 Step back R, step back L

Option 1-2: two ½ turns right stepping forward R [6], back L [12]; this flows well after the end of the dance

3&4 Step back R, step L home, step forward R

5&6 Step forward L, turn right ¼ [3], step L across R

7&8& (weight stays L) Touch R toes to side, home, raise R hip up, down (or touch out-in-out-in or lift up-down-up-down)

[9-16] □ STEP, TURN ½, KICK-BALL-STEP, MAMBO ½ TURN, TRIPLE FORWARD L-R-L

No turn option for 9-16: Rock forward R, recover L, back lock RLR; rock back L, recover R, forward lock LRL

1-2 Step forward R, turn left ½ [9], taking weight onto L

3&4 Kick R, step R next to L, step slightly forward L

5&6 Rock forward onto R, recover weight to L (weight on ball of L), turn right ½ [3] stepping forward onto R

7&8 Step forward L, step R next to L, step forward L

[17-24] □ SWAY TURN LEFT 1/8 2X, R FORWARD MAMBO, SWAY TURN RIGHT 1/8 2X, MODIFIED L FORWARD MAMBO

1&2& Step slightly forward onto R, turn left 1/8, taking weight onto L; repeat, ending at [12]

Optional styling: sway hips clockwise during turns. Hint: keep feet close together and make steps small.

3&4 Rock forward onto R, recover weight to L, step R home

5&6& Step slightly forward onto L, turn right 1/8, taking weight onto R; repeat, ending at [3]

Optional styling: sway hips counterclockwise during turns; same hint applies.

7&8 Rock forward onto L, recover weight to R, step L slightly back *** RESTART HERE

[25-32] □ BACK-SWEEP-BACK-SWEEP, SYNC. BACK ROCKING CHAIR, COASTER-¼-CROSS, BACK- ¼-LOCK-BACK

1&2& Step back R, sweep left; step back L, sweep R

3&4& Rock back onto R, recover weight to L, rock forward onto R, recover weight to L (momentum is back)

5&6 Step back R, step L next to R, turn right ¼ [6] stepping R across L (you will continue turning right in next sequence)

7&8 Turn left ¼ [9] stepping back L, cross step R over L, step back L (you're moving back in preparation for count 1)

***RESTART. You will start the third repetition facing [6].

Dance through count 24 in the third set (the sway turns right and modified mambo), then Restart from the beginning facing [9].

Ending: The last repetition starts facing [9], and you'll be at [12] for the last set.

Dance through the back rocking chair, then do a standard R coaster to stay facing the front on count 30.

Although these steps were created to fit the lyrics in this particular song, alternate tracks also work. These are evenly phrased and do not require the restart: Love Is A Rose by Lisa Loeb and Head South by Neal McCoy (slower tempo and good for teaching the dance); Crabbuckit by KOs; Country Down To My Soul by Lee Roy

Parnell.

Other dances also work well with this track. Restart per this step sheet during third repetition or just dance through. Lil Yeller Blanket by John Robinson; Make It Right 32 by Lisa McCammon; Cheap Talk by Gaye Teather.

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