

# No Pleasin' - You!

**COPPER KNOB**  
STEPSHEETS

拍数: 32                      墙数: 4                      级数: High Beginner  
编舞者: Annemaree Sleeth (AUS) - November 2014  
音乐: No Pleasin' - Boom! Bap! Pow! : (Single - iTunes)



**Note to instructors. You will hear what seems like another Tag on wall 6 facing 9.00.  
I have chosen to ignore it, and the dance finishes now finishes at front**

**For Intro Have fun with steps prissys forward and back  
#32 beats .(CW) Ideas Prissys forward and back make a pose on the chika bit**

## **SECTION 1: R SHUFFLE, BACK, RECOVER, SIDE DIAGONAL TOUCHES**

1 & 2                      Flick R foot Step R side, step L beside R, step R side - Right Shuffle,  
3 - 4                      R Step back L, recover R,  
5 - 6                      Step L side dip down as step L side , touch on diag R (snap fingers) angle body on touches  
7 - 8                      Step on R side bending knees touch L diag L

**Option : Angle arms across body on side diag touches) as in video**

## **SECTION 2: SHUFFLE BACK RECOVER SIDE TOUCHES ACROSS**

1 & 2                      Step left side, step R together, step L side - Left Shuffle,  
7 - 8                      R Step back R, recover L,  
7 - 8                      Step R side bending knees and dipping down , touch L to L diag  
7 - 8                      Step L side bending knees and dipping down, touch R diag or forward

## **SECTION 3: PRISSYS, ROCKING CHAIR**

1 - 2                      Cross R forward, cross L forward (twisting feet as you move and arms moving out to the sides )  
3 - 4                      Cross R forward cross L forward  
5 - 6                      Step R forward, recover L,  
7 - 8                      Rock R back, recover L

## **SECTION 4: JAZZ BOX CROSS ¼ R , DOUBLE HIPS**

1 - 2                      Cross R over L, Turn ¼ R Step L back  
3 - 4                      Step R side, cross L over R  
5 & 6                      Step R side bumping hips twice -double hips  
7 & 8                      Step L side bumping hips twice -double hips ( hip roll)

**TAG: 24 Counts: 8 counts Part 1 - 16 counts Part 2**

**End of Wall 2 Facing 6.00 & End Of Wall 4 facing 12.00**

### **PART 1: GO GO ARMS 8 counts**

1 - 8                      Stand With Both feet apart bending bending knees for 8 counts and add these arms movements

#### **Arm Movements**

1 - 2                      Right arm up , with left arm down,(2) left arm up, right arm down leaning forward  
3 - 4                      Right arm up , with left arm down,(4) left arm up, right arm down leaning forward  
5 - 6                      Right arm up , with left arm down,(6) left arm up, right arm down leaning forward  
7 - 8                      Right arm up , with left arm down, (8)left arm up, right arm down leaning forward

### **PART 2: HINGE SIDE TOGETHER ½ TURNS (or HIP BUMPS ) 16 counts Only Danced On Side Walls**

1 - 4                      [9.00] Turn ¼ L step R side together, step R side ½ turn R hitch L foot facing 3.00  
5 - 8                      [3.00] step L side, step L together, step left side, ½ turn L hitch R foot facing 9.00  
  
1 - 4                      [9.00] Turn ¼ L step R side together, step R side ½ turn R hitch L foot facing 3.00

5 – 8 [3.00] step L side, step L together ,9.00 change these 2 steps 1/4 L step left forward, flick R  
12.00

Option on Part 2 Hip Bumps ½ Hinge Bump, R, L, R ½, Bump L,R, L ½ change last counts as above to end  
Thankyou goes to Jenny McCoy in Perth for Suggesting the music

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