

Nothin' On You (你最珍貴) (zh)

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate/Advanced
编舞者: Dan McInerney (UK) - 2010年09月
音乐: Nothin' On You (feat. Bruno Mars) - B.o.B : (Album: B.o.B Presents The Adventures of Bobby Ray)



前奏 : After 64 counts/43 seconds just before he raps "I know you feel where..."

第一段 Rock, Recover, Turn Step Rock Recover, Cross, Point, Turn, Step Out Tap 右下 沉 回復, 轉 踏 下沉 回復 交叉, 右點, 轉圈 踏 左 併點

- 1, 2 Rock R to R side, recover weight onto L 右足右下 沉, 左足回復
- 3&4 Hitch R slightly as you turn 1/2 R, step R in place, rock L to L side (06:00) 右轉180度右足略抬, 右足踏, 左足左下沉(面向6點鐘)
- &5, 6 Recover weight onto R, step L slightly across R, point R to R side (prep for turn) 右足回復, 左足於右足前交叉踏, 右足右點(準備轉圈)
- 7&8& Turn a full turn R, step R in place, step L slightly to L side, tap R next to L (06:00) 右轉圈, 右足踏, 左足略左踏, 右足併點

第二段 Rock, Turn, Shuffle Forward, Mambo Turn Tap Side Tap Turn 右下 沉 1/4回復, 前交換, 下沉 回復 左1/4 併點 右 併點 左1/4

- 1, 2 Rock R to R side, make 1/4 L as you recover weight onto L (03:00)
右足右下 沉, 左轉90度左足回復(面向3點鐘)
- 3&4 Step R forward, step L next to R, step R forward
右足前踏, 左足併踏, 右足前踏
- 5&6& Rock L forward, recover weight onto R, make 1/4 L as you step L to L side, tap R next to L (12:00)
左足前下沉, 右足回復, 左轉90度左足左踏, 右足併點(面向12點鐘)
- 7&8 Step R to R side, tap L next to R, make 1/4 L as you step L forward (09:00)
右足右踏, 左足併點, 左轉90度左足前踏(面向9點鐘)

第三段 Spiral Turn, Rock And Back, Coaster Step, Shuffle Forward 轉 轉, 下沉 回復 後, 海岸步, 前交換

- 1, 2 Make 1/2 turn L as you step R back, continue rotating 1/2 turn L keeping weight on R (09:00)
左轉180度右足後踏, 左轉180度重心在右足(面向9點鐘)
- 3&4 Rock L forward, recover weight onto R, step L back
左足前下沉, 右足回復, 左足後踏
- 5&6 Step R back, step L next to R, step R forward
右足後踏, 左足併踏, 右足前踏
- 7&8 Step L forward, step R next to L, step L forward
左足前踏, 右足併踏, 左足前踏

第四段 Step, Sweep, Step Rock Recover, Turn Step Slide, Hold Together Side 右1/4交叉, 繞, 踏 右下 沉 回復, 轉 踏滑, 候 併 右

- 1, 2 Make 1/4 R as you cross R over L, sweep L around and in front of R (12:00)
右轉90度右足於左足前交叉踏, 左足由後繞至前(面向12點鐘)
- 3&4 Step onto L, rock R to R side, recover weight onto L
左足踏, 右足右下 沉, 左足回復
- 5, 6 Hitch R slightly making 1/2 turn R, step R in place as you (keeping weight on R) slide L to L side (06:00)
右膝抬右轉180度, 右足踏左足左滑(面向6點鐘)

7&8 Hold, step L next to R, step R to R side 候, 左足併踏, 右足右踏

**第五段 Pivot Half, Pivot Quarter, Step Rock Recover Tap, Forward Touch
踏轉, 踏 1/4, 踏 右下 回復 併點, 踏 併點**

1, 2 Step L forward, make 1/2 turn R as you take weight onto R (12:00)
左足前踏, 右轉180度重心在右足(面向12點鐘)

3, 4 Step L forward, make 1/4 turn R as you take weight onto R (03:00)
左足前踏, 右轉90度重心在右足(面向3點鐘)

5&6& Step L forward, rock R to R side, recover weight on L, tap R next to L 左足前踏, 右足右下, 左足回復, 右足併點

7, 8 Step R forward, touch L next to R 右足前踏, 左足併點

第六段 Rock, Recover, Behind Rock, Recover, Sailor Half Cross, Sailor Three Quarter 左下沉 回復, 後右下 回復, 轉水手交叉, 3/4轉水手交叉 右

1, 2 Rock L to L side, recover weight onto R 左足左下沉, 右足回復

&3, 4 Step L behind R, rock R to R side, recover weight onto L
左足於右足後踏, 右足右下, 左足回復

5&6 Make 1/4 R as you step R back, make 1/4 R as you step L to L side, step R slightly across L (09:00)
右轉90度右足後踏, 右轉90度左足左踏, 右足略於左足前交叉踏(9點鐘)

7&8& Make 1/4 L as you step L behind R, make 1/4 L as you step R back, make 1/4 turn L as you cross L slightly over R, step R to R side (12:00)
左轉90度左足於右足後踏, 左轉90度右足後踏, 左轉90度左足略於右足前交叉踏, 右足右踏(面向12點鐘)

**第七段 Half, Drag, Sailor Step, Cross Shuffle, Side, Behind Side
轉 拖, 水手步, 交叉交換, 右, 後 旁**

1, 2 Make 1/2 turn L as you step L a long step to L side, drag R towards L (06:00) 左轉180度左足左一大步, 右足拖併(面向6點鐘)

3&4 Step R behind L, step L slightly L, step R to R side
右足於左足後踏, 左足略左踏, 右足右踏

5&6 Cross L over R, step R to R side, cross L over R
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏

7, 8& Step R to R side, step L behind R, step R to R side
右足右踏, 左足於右足後踏, 右足右踏

**第八段 Cross, Turn, Side Together Side, Back, Sweep, Back, Sweep
交叉, 3/4, 1/4 併左, 後繞, 後繞**

1, 2 Cross L over R, make a 3/4 turn R taking weight forward onto R (03:00)
左足於右足前交叉踏, 右轉270度右足前踏(面向3點鐘)

3&4 Make 1/4 turn R stepping L to L side, step R next to L, step L to L side
右轉90度左足左踏, 右足併踏, 左足左踏

5, 6 Step R back, sweep L around and behind R 右足後踏, 左足繞至右足後

7, 8 Step L back, sweep R around and behind L (weight on L ready to step R to R side for new wall)
左後踏, 右足繞至左足後踏(重心在左足, 準備從頭接續右足右踏)
