

The Woman I Am

拍数: 48 墙数: 2 级数: Improver
编舞者: Si Birchwood (UK) - November 2014
音乐: "The Woman I Am" by Kellie Pickler on "The Woman I Am"



Intro: □48 Counts

Note: This Dance is ONE wall, but changes to the back wall after the Restart

Sect 1: □Left Twinkle, Right Twinkle

1-3 Cross Left Over Right, Rock Right (Toe) to Right Side, Recover on Left
4-6 Cross Right Over Left, Rock Left (Toe) to Left Side, Recover on Right

Sect 2: □Left Twinkle, Twinkle 1/4 Turn Right

1-3 Cross Left Over Right, Rock Right (Toe) to Right Side, Recover on Left
4, 5 Cross Right Over Left, Rock Left (Toe) to Left Side
6 Recover on Right Making 1/4 Turn Right □ [03:00]

Sect 3: □Cross Point HOLD, Cross Point HOLD

1-3 Cross Left Over Right, Point Right to Right Side, HOLD
4-6 Cross Right Over Left, Point Left to Left Side, HOLD

Sect 4: □Back Point HOLD, Back Twinkle 1/4 Turn Right

1-3 Cross Left Behind Right, Point Right to Right Side, HOLD
4, 5 Back Rock Right Behind Left, Recover on Left Making 1/4 Turn Right [06:00]
6 Step Side and Slightly Fwd on Right

*** RESTART HERE on Wall 4 – Note: The Dance is now performed facing the back wall

Sect 5: □Cross Point HOLD, Cross Point HOLD

1-3 Cross Left Over Right, Point Right to Right Side, HOLD
4-6 Cross Right Over Left, Point Left to Left Side, HOLD

Sect 6: □Back Twinkle, Back Twinkle

1-3 Cross Left Behind Right, Rock Right (Toe) to Right Side, Recover on Left
4-6 Cross Right Behind Left, Rock Left (Toe) to Left Side, Recover on Right

Sect 7: □Touch Behind Unwind, Cross, Side, Behind

1-3 Touch Left Back, Unwind 1/2 Turn Left (over 2 Counts) [12:00]
4-6 Cross Right Over Left, Step Left to Left Side, Cross Right Behind Left

Sect 8: □Side Drag Touch, Full Turn Right

1-3 Step Left to Left (Long Step), Drag Right to Left (Over 2 Counts) Touching Toe Only
4 Step Right to Right Making 1/2 Turn Right [06:00]
5 Step Back on Left Making 1/2 Turn Right [12:00]
6 Step Right to Right Side

Note: The Dance ends after Sect. 4 Facing the front, Cross Left Over Right and Hold.

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