

An Ugly Heart

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Bambang Satiyawan (INA) - October 2014
音乐: Ugly Heart - G.R.L.



Start on Vocal

I. OUT OUT-FLICK-SIDE STEP-FLICK-TURN-FORWARD STEP-PIVOT-FORWARD STEP

&1 – 2 Slightly jump step R to side, Step L to side, Flick R cross behind L
3 – 4 Step R to side, Flick L cross behind R
5 – 6 Turn ¼ left step L forward, Step R forward
7 – 8 Turn ½ left step L in place, Step R forward

II. ROCK RECOVER-COASTER STEP-HEEL TOUCH-HOLD-CLOSE-HEEL TOUCH-HOLD

1 – 2 Rock L forward, Recover on R
3 & 4 Step L back, Close R beside L, Step L forward
5 – 6 Touch R heel forward, Hold
&7 – 8 Close R beside L, Touch L heel forward, Hold (on wall 4 and 8 change this Hold to be Tap down your L toe and continue with Restart from beginning)

III. CLOSE-ROCK RECOVER-SWEEP TURN-COASTER STEP-ROCK RECOVER-SWEEP TURN-COASTER STEP

&1 – 2 Close L beside R, Rock R forward, Recover on L Sweeping R back turn ½ right
3 & 4 Step R back, Close L beside R, Step R forward
5 – 6 Rock L forward, Recover on R sweeping L turn ½ left
7 & 8 Step L back, Close R beside L, Step L forward

IV. BRUSH-HITCH-FORWARD STEP-BRUSH-HITCH-HEEL TOUCH-IN PLACE- BACK STEP AND DRAG-COASTER STEP

1 & 2 Brush your R, Hitch R up, Step R forward
3 & 4 Brush your L, Hitch L up, Touch L heel forward
5 – 6 Drop your L toe bending your L knee, Step R back dragging your L
7 & 8 Step L back, Close R beside L, Step L forward

Tag after walls 3 – 7 - 10 and 11

TAG : OUT OUT-IN IN

1 – 2 Step R diagonal forward, Step L diagonal forward
3 – 4 Step R back to center, Close L beside R

Enjoy the dance

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