

# All About The Bass

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Mathew Sinyard (UK) - October 2014  
音乐: All About That Bass - Meghan Trainor



**Intro: 32 counts - Style: Pop / Disco**

## **Section 1: □ Step Lock, Step Lock Step (x2)**

- 1-2            Step right foot forward, lock left foot behind.
- 3&4           Step right foot forward, lock left foot behind, step forward on right foot.
- 5-6           Step forward on left foot, lock right foot behind.
- 7&8           Step forward on left foot, lock right foot behind, step forward on left.

## **Section 2: □ Side, Slide, Hip Bumps (x2)**

- 1-2            Step right foot to right side, slide left foot beside right (keeping weight on right foot).
- 3-4            Bump hips left and right.
- 5-6            Step left foot to left side, slide right foot beside left (keeping weight on left).
- 7-8            Bump hips right and left.

## **Section 3: Back Touch (x2), Grapevine, Brush 1/2 turn.**

- 1-2            Step back on right foot, touch left foot forward.
- 3-4            Step back on left foot, touch right foot forward.
- 5-8            Step right foot to right side, cross left foot behind right, step right foot to right side, brush left forward into a 1/2 turn right (keeping weight on right foot).

## **Section 4: □ Left Chasse, Back Rock, Side, Slide, Hip/Body Roll 1/4 turn left.**

- 1&2            Step left to left side, close right beside left, step left to left side.
- 3-4            Rock back on right foot, recover on to left foot.
- 5-6            Step right foot to right side, slide left foot beside right foot.
- 7-8            Body roll or rotate hips twice over 2 counts whilst making a 1/4 turn to the left  
(weight ending on left foot ready to start again).

**No Tags Or Restarts! Have Fun & Enjoy!**

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