

On the Rocks

COPPER KNOB
STEP SHEETS

拍数: 32 墙数: 4 级数: Beginner -Slow WC
编舞者: Brenda Shatto (USA) - November 2014
音乐: On the Rocks - Grieves : (Album: Together/Apart, 3:05)



Intro: 32 counts

[1-8] Step, lock, triple step, step, ¼ turn, step, ¼ turn

1,2 Step forward R, lock L behind R and pop R knee forward
3&4 step forward R, step L next to R, step forward R
5,6 Step forward L, pivot ¼ to right transfer weight to R (3:00)
7,8 Step forward L, pivot ¼ to right transfer weight to R (6:00)

[9-16] Step, lock, triple step, step, ¼ turn, step, ¼ turn

1,2 Step forward L, lock R behind L and pop L knee forward
3&4 Step forward L, step R next to L, step forward L
5,6 Step forward R, pivot ¼ to left transfer weight to L (3:00)
7,8 Step forward R, pivot ¼ to left transfer weight to L (12:00)

[17-24] Side, hitch, side, together, side, hitch ¼ turn, side, hitch

1,2 Step R to right, hitch L knee forward
3,4 Step L to left, step R next to L
Option: 3&4&5 extended chasse moving left: L, R, L, R, L
5,6 Step L to left, hitch R knee forward and turn ¼ turn R (3:00)
7,8 Step R to right, hitch L knee forward

[25-32] Rock, recover, chasse left, mambo forward, mambo back

1,2 Rock L over R, recover to R
3&4 Step L to left, step R next to L, step L to left
5&6 Rock forward on R, recover L, step R slightly back
7&8 Rock backward on L, recover R, step L slightly forward

Begin again.

Let loose with the music. Hit those beats with your knee pops, hips, and hitches. Have fun!
After all, you get to dance!! :)

Please do not alter this step sheet in any way. If you would like to use it on your website it must be used in its original format. Contact the choreographer with your questions.

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