

# Knee Deep (水深及膝) (zh)

COPPER KNOB  
STEPPERS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Adrian Churm (UK) - 2010年04月  
音乐: Wade In the Water - Eva Cassidy : (CD: Songbird)



前奏 : Start dancing on lyrics 唱歌後起跳

## 第一段 Walk, Kick Cross Back, Coaster Step, Shuffle Forward 走, 走, 踢 交叉 後, 海岸步, 前交換

- 1-2 Step right forward, step left forward  
右足前踏, 左足前踏
- 3&4 Kick right forward, cross right over left, step left back  
右足前踢, 右足於左足前交叉踏, 左足後踏
- 5&6 Step right back, step left together, step right forward  
右足後踏, 左足併踏, 右足前踏
- 7&8 Chassé forward left, right, left 前交換-左, 右, 左

## 第二段 Cross Rock, $\frac{3}{4}$ Triple Right, Cross, Side, Vaudeville 交叉下沉, 三步右 $\frac{3}{4}$ , 交叉, 側, 後交叉 側 點

- 1-2 Cross right over left, rock left back  
右足於左足前交叉下沉, 左足後回復
- 3&4 Turn  $\frac{3}{4}$  right, stepping right, left, right on the spot  
右 $270^\circ$ 度原地三步轉-右, 左, 右
- 5-6 Cross left over right, step right to side  
左足於右足前交叉踏, 右足右踏
- 7&8 Cross left behind right, step right to side, touch left heel out to the left 左足於右足後交叉踏, 右足右踏, 左足踵左點

## 第三段 Close, Cross Side, Turn $\frac{1}{4}$ Right Into Coaster Step, Skate, Shuffle Forward 併, 交叉 側, 右 $\frac{1}{4}$ 海岸步, 滑冰, 前交換

- &1-2 Close left towards right, cross right over left, step left to side  
左足併踏, 右足於左足前交叉踏, 左足左踏
- 3&4 Turn  $\frac{1}{4}$  right and step right back, close left foot to right, step right forward 右轉 $90^\circ$ 度右足後踏, 左足併踏, 右足前踏
- 5-6 Skate left, skate right 左滑冰步, 右滑冰步
- 7&8 Chassé forward left, right, left 前交換-左, 右, 左

## 第四段 Rock Step, Lock Back Hold, Lock Back, $\frac{1}{4}$ Turn Into Ball Crosses To Right 下沉 回復, 後鎖 候, 後鎖, $\frac{1}{2}$ 交叉交換

- 1-2 Step right forward, rock back to left  
右足前下沉, 左足回復
- &3-4 Step back to ball of right, cross left over right, hold  
右足後踏, 左足於右足前交叉踏, 候
- &5 Step back to ball of right, cross left front in front of right  
右足後踏, 左足於右足前交叉踏
- &6 Turn  $\frac{1}{4}$  right and step ball of right to the side (small), cross left in front of right 右轉 $90^\circ$ 度右足略右踏, 左足於右足前交叉踏

&7&8 Step right toe to the side (small), cross left over right, step ball of right to the side, cross left over right  
右足略右踏, 左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏

**第五段 Side Rock, Sailor Step, Cross Behind Unwind ½ Left, Pivot Turn Left**  
**側下沉 回復, 水手步, 後交叉 繞轉, 踏 轉**

1-2 Rock right to side, recover to left 右足右下沉, 左足回復

3&4 Right sailor step 右水手步

5-6 Cross left behind right, unwind ½ turn to the left  
左足於右足後交叉踏, 左繞轉180度

7-8 Step right forward, turn ½ left (weight to left)  
右足前踏, 左軸轉180度(重心在左足)

**第六段 Dorothy Steps, Rock Step, ½ Turn Shuffle Round To Left**  
**桃樂蒂步, 下沉 回復, 轉交換**

1-2& Step right diagonally forward, lock left behind right, small step right forward to right diagonal  
右足右斜前踏, 左足於右足後鎖踏, 右足略右斜前踏

3-4& Step left diagonally forward, lock right behind left, small step left forward to left diagonal  
左足左斜前踏, 右足於左足後鎖踏, 左足略左斜前踏

5-6 Step right forward, rock back to left  
右足前下沉, 左足回復

7&8 ½ turn shuffle to right right, left, right  
右180度轉交換-右, 左, 右

**第七段 Dorothy Steps, Rock Step, ½ Turn Shuffle Round To Left**  
**桃樂蒂步, 下沉 回復, 轉交換**

1-2& Step left diagonally forward, lock cross right behind left, small step left forward to left diagonal  
左足左斜前踏, 右足於左足後鎖踏, 左足略左斜前踏

3-4& Step right diagonally forward, lock cross left behind right, small step right forward to right diagonal  
右足右斜前踏, 左足於右足後鎖踏, 右足略右斜前踏

5-6 Step left forward, rock back to right  
左足前下沉, 右足回復

7&8 ½ turn shuffle to left left, right, left  
左180度轉交換-左, 右, 左

**第八段 Rock Step, Jazz Jump Back, Kick, Back, Heel Touch, Close Touch, Back, Heel Touch, Close**  
**下沉 回復, 爵士後跳, 踢, 後, 踵點, 併點, 後, 踵點, 併**

1-2 Step right forward, rock back to left  
右足前下沉, 左足回復

&3-4 Jump back right, then left (feet apart), hold  
右足後跳, 左足後跳(雙腳分開), 候

5&6 Kick right forward, step right back, touch left heel forward  
右足前踢, 右足後踏, 左足踵前點

&7 Step left together, touch right together  
左足併踏, 右足併點

&8& Step right back, touch left heel forward, step left together  
右足後踏, 左足踵前點, 左足併踏

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