

My Finger

拍数: 40 墙数: 4 级数: Intermediate
编舞者: Guy Dubé (CAN) & Denis Henley (CAN) - November 2014
音乐: My Finger - Leah Turner



Intro: 24 counts before to begin the dance.

Steps description submitted by Ateliers MG Dance & Country Rythm Dancers

[1-8] □ TOUCH, TOUCH, SAILOR SHUFFLE, SAILOR SHUFFLE in 1/4 TURN L, KICK-BALL-TOUCH

1-2 Cross touch R over L, touch R to side
3&4 Cross R behind L, step L to side, step R on place
5&6 Cross L behind R, step R to side in 1/4 turn left, step L on place (9:00)
7&8 Kick R forward, step R lightly back, touch L to side

[9-16] □ CROSS ROCK TOUCH, CROSS ROCK STEP, CROSS, 1/4 TURN L, 1/4 TURN L, WEAVE to R

1&2 Cross rock back on L, recover on R, touch L to side
3&4 Cross rock back on L, recover on R, step L to side
5&6 Cross L behind R, 1/4 turn left and step L forward, 1/4 turn left and step R to side
7&8 Cross step L behind R, step R to side, cross step L over R

[17-24] □ ROCK SIDE, WEAVE to L, TOUCH, TOGETHER in 1/4 TURN L, TOUCH, TOGETHER, TOUCH, TOGETHER in 1/4 TURN L, TOUCH

1-2 Rock side on R, recover on L
3&4 Cross step R behind L, step L to side, cross step R over L
5&6 Touch L to side, 1/4 turn left and step L together R, touch R to side
& Step R together L
7&8 Touch L to side, 1/4 turn left and step L together R, touch R to side

[25-32] □ VAUDEVILLE, HEEL SWITCHES, SYNCOPED JAZZ BOX in 1/4 TURN L, CROSS MAMBO

1&2 Cross step R over L, step L to side lightly back, heel touch R forward
&3 Step R together L, heel touch L forward
&4 Step L together R, heel touch R forward
&5 Step R together L, cross step L over R
&6 Step R back in 1/4 turn left, step L to side
7&8 Cross rock step R over L, recover on L, step R together L

[33-40] □ CROSS, TOUCH, ROCK BACK TOUCH, SAILOR SHUFFLE in 1/4 TURN R, OUT-OUT TOGETHER

1-2 Cross step L over R, touch R to side
3&4 Cross rock back R behind L, recover on L, touch R to side
5&6 Cross step R behind L, step L on place in 1/4 turn right, step R to side
7&8 Step L forward out to left side, step R forward out to right side, step L together R

TAG : □ At the 3rd rotation of the dance (on wall 6:00) do this following 8 counts : □

[1-8] □ SIDE ROCK, WEAVE to L, SIDE ROCK, WEAVE to R

1-2 Rock side on R, recover on L
3&4 Cross step R behind L, step L to side, cross step R over L
5-6 Rock side on L, recover on R
7&8 Cross step L behind R, step R to side, finish step L together R

and Restart the dance from the beginning.

REPEAT...

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