

Just Lie To Me

拍数: 48 墙数: 2 级数: Low Intermediate Cha Cha
编舞者: Esmeralda van de Pol (NL) - November 2014
音乐: Lie To Me - Darius Rucker : (Album: True Believers)



Intro : 32 counts from the beat

STEP, 1/2 TURN L, STEP, LOCKSTEP 1/2 R, ROCK BACK, RECOVER, CHASSE R

1-2-3 step RF fwd, 1/2 turn L-weight on L, step RF fwd 06.00
4&5 1/4 turn R-weight on L, step RF across LF, 1/4 turn R-weight on L 12.00
6-7 rock RF behind LF, Recover on LF
8&1 step RF to R side, step LF next to RF, step RF to R side

CROSS, FULL TURN R, CHASSE L, CROSS ROCK FWD, CHASSE R

2-3 cross LF over RF, full turn R-weight on RF 12.00
4&5 step LF to L side, step RF next to LF, step LF to L side
6-7 rock RF across LF, Recover on LF
8&1 step RF to R side, Step LF next to RF, step RF to R side

TRIPLE L, TRIPLE R, TOGETHER, CROSS, CHASSE L

2&3 step LF next to RF, step RF on place, step LF to L side
4&5 step RF next to LF, step LF on place, step RF to R side
6-7 step LF next to RF, step RF across LF
8&1 step LF to L side, step RF next to LF, step LF to L side

BACK ROCK, CHASSE 1/4 TURN R, STEP LOCK, LOCKSTEP FWD

2-3 rock RF behind LF, recover on LF
4&5 step RF to R side, step LF next to RF, 1/4 turn R-step R fwd 03.00
6-7 step LF fwd, step RF behind LF
8&1 step LF fwd, step RF behind LF, step LF fwd

PIVOT 1/2 TURN L, LOCKSTEP FWD, 3/4 SPIRAL TURN, CHASSE R

2-3 step RF fwd, 1/2 turn L-weight on LF 09.00
4&5 step RF fwd, step LF behind RF, step RF fwd
6-7 step LF fwd, 3/4 spiral turn R-weight on LF 06.00
8&1 step RF to R side, step LF next to RF, step RF to R side

HIP SWAYS, SIDE, TOGETHER, FWD, HIP SWAYS, SIDE TOGETHER

2-3 sway hip left, sway hip right
4&5 step LF to L side, step RF next to LF, step RF fwd
6-7 sway hip right, sway hip left
8& step RF to R side, step LF next to RF

#8 count Tag : After the 2nd wall

SIDE, CROSS ROCK FWD, CHASSE L, ROCK BACK, STEP FWD, TOGETHER

1-2-3 step RF to R side, rock LF across RF, Recover on RF
4&5 step LF to L side, step RF next to LF, step LF to L side
6-7 rock RF back, Recover on LF
8& step RF fwd, step LF next to RF

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